

**GOVERNMENT OF MEGHALAYA**  
**OFFICE OF THE DEPUTY COMMISSIONER, RI BHOI DISTRICT, NONGPOH**  
**(O): 03638-232028/1077; (Email): eocribhoi@gmail.com**

**KA JINGPYNBNA**

Katkum ka jingbthah jong ka sorkar ban thaw ia ka Community Covid Management Committee (CCMC), kumta da kane nga I Kong R.M.Kurbah, Deputy Commissioner, Ri Bhoi District, Nongpoh, nga pynbna ba ka Village Disaster Management Committee (VDMC) kan long ruh ka CCMC ha ki shnong ki jong phi bad ki dkhot jong ka VDMC kin long ki dkhot jong ka CCMC ryngkat bad kine ki dkhot ba dang pynrung thymmai. Kine harum ki long ki dkhot jong ka CCMC:

i. Rangbah Shnong	Shongknor
ii. Secretary, Executive Committee	Nongkhot (Convener)
iii. Volunteers ba lah shah hikai (Trained Volunteers)	Dkhot
iv. Nongmihkhmat na ki NGOs/CBOs	Dkhot
v. Nongmihkhmat na ki Seng Kynthei	Dkhot
vi. AWW	Dkhot
vii. ASHA	Dkhot
viii. School Headmaster/Headmistress	Dkhot
ix. Nonghikai Skul (School Teacher)	Dkhot
x. Nongmihkhmat na ki Balang	Dkhot Thymmai
xi. Gram Sevak	Dkhot Thymmai

Kum ka lad ban pynsangeh ia ka jingsaphriang u khniang jingpang khlam COVID-19 ha ki shnong ki jong phi bad ban wan rah ia ka jingshong shngain, ka long kaba donkam ba ka Committee kan khmih ia kine ki kamram harum:

1. Ka kam ba hakhmat eh ka long ban ai ia ka jinghikai halor ka jingkordor ban sumar ban lait na kane ka jingpang COVID-19.
  - a. Ban iaingai kumba shi meter palat haba iatrei kam ne shong jingialang (Social distancing)
  - b. Ban deng ia ki mask, tap ia ka shyntur bad khmut haba jyrhoh (cough etiquette)
  - c. Ban sait kti man ka por (Handwashing)
2. Ban pynbiang bad pynkhreh ia ka plan ban teh lakam ia ka jingpynsaphriang (Containment Plan) ia kane ka jingpang COVID-19. Ka plan kan long katkum ka jingbthah ba la suh lang hangne. Kane ka Committee kan jied ia ki nongkitkam ki ban trei kat kum ki kam ba la bthah na ka bynta ka kynhun jong ki.
3. Ban peit bad hikai ia ki paitbah ba kin iatrei lang bad ki bor sorkar ha ki por pakhang shnong ne kiwei kiwei ki program ba la pynbeit da ka sorkar ha kaba iadei kumno ban pynsangeh ia ka jingsaphriang jong u khniang jingpang COVID-19.
4. Ka Committee ka dei ban shong shisien shi taiew ne kat kum ka jingidonkam.  
Kane ka jingpynbna kan trei kam noh mynta mynta.

Deputy Commissioner & Chairperson (DDMA)

Ri Bhoi District, Nongpoh

Dated Nongpoh the 1<sup>st</sup> May 2020

Memo.No.DDMA.RB/79/2020/Pt.II/81-A

Copy to:

1. The P.S. to the Chief Secretary to the Govt. of Meghalaya, Shillong for kind information of the Chief Secretary.
2. The P.S. to the Commissioner of Division for East, West and South West Khasi Hills; East and West Jaintia Hills and Ri Bhoi Districts, Shillong for kind information of the Commissioner of Division.
3. The P.S. to the Commissioner & Secretary to the Govt. of Meghalaya, Revenue and Disaster Management Department, Shillong for kind information of the Commissioner & Secretary.
4. The P.S. to the Commissioner & Secretary to the Govt. of Meghalaya, Health & Family Welfare Department, Shillong for kind information of the Commissioner & Secretary.
5. The Executive Director, State Disaster Management Authority, Shillong for kind information.
6. All Addl. Deputy Commissioners, Ri Bhoi District, Nongpoh for kind information & necessary action.
7. All Extra Assistant Commissioners, Ri Bhoi District, Nongpoh for kind information & necessary action.
8. The Superintendent of Police, Ri Bhoi District, Nongpoh for kind information & necessary action.
9. The District Medical & Health Officer, Ri Bhoi District, Nongpoh for kind information & necessary action.
10. The District Public Relations Officer, Ri Bhoi District, Nongpoh with a request to cause wide publicity both through print & electronic media.
11. The District Informatics Officer, Nongpoh with a request to upload in the District Website.
12. The Block Development Officer Umling/Umsning/Jirang/Bhoirymbong C&RD Blocks for kind information & necessary action with a request to activate immediately all the Village Disaster Management Committees in respective Blocks and action taken report to be submitted to the undersigned.

Deputy Commissioner & Chairperson (DDMA)

Ri Bhoi District, Nongpoh

**KA PLAN BAN TEH LAKAM IA KA JINGPYNSAPHRIANG (CONTAINMENT PLAN) IA  
KANE KA JINGPANG COVID-19**

Nalor ka Community Covid Management Committee kine harum ki dei ki kynhun ban don hapoh ka shnong jong phi.

Number	Kynhun	Ki Kamram
1.	Ka Kynhun ban ai Jinghikai/Jingpynbna (Awareness Generation/Warning Team)	<ul style="list-style-type: none"> <li>• Sngap bha ia ki khubor bad ki jingpynbna ba la pynphriang lyngba ka All India Radio (AIR), TV, ophis jong u BDO, DPRO bad Pulit.</li> <li>• Ban pyntikna shwa ia kano kano ka khubor hamsaia.</li> <li>• Ban iarap ia ki kynhun na ka koit ka khiah ban ai jinghikai halor kane ka jingpang khlam kum ki dak ki shin ia u nongpang; ki lad jingiada kum kaba kiar na ka jingialum paitbah, ka jingbiah pathar, ka jingiakhublei kti; ban pyndonkam ia ki mask haba mih shabar, pynjngai kumba shi meter palat iwei na iwei haba iatrei kam ne shong jingialang bad kumta ter ter.</li> <li>• Ban pyntikna ba kino kino kiba wan na shabar ka jylla ne ka Ri, ki dei ban register ialade ha u 108, ban sah kyrpang ha iing bad kumjuh ki dkhot jong kata ka iing (Home Quarantine) 14 sngi bad sa 14 sngi (Self Quarantine) kaba mut ba dei ban phikir bad ujur lada don ki dak ki shin jong ka jingbaionghlieh, jyrhoh bad jingeh/jingwit ha ka jingring ne pynhiar mynsiem.</li> <li>• Ban pyntip sha u BDO ne Doctor lada ym don jaka ban leh Home Quarantine ha iing.</li> <li>• Ban bud dien bad peit ngor bad hikai hapoh shnong ba kan ym don ka jingniewbein/jingkyntait ha ka imlang sahang ia ki briew kiba ngat ha u khniang COVID-19, khamtam kiba wan na shabar ka jylla/ri.</li> <li>• Ban iarap bad hikai ia ki bahaing, ki bor shnong bad ki nongshong shnong kumno ban leh lada don ki khun ha shnong ki ba iap naka jingpang COVID-19. Ki jinghikai ki kynthup ia kiei kiba dei ban leh bad kiei kiba ym dei ban leh, bad ban iasyllok bad ki trai iing ba ngat ha ka jingiap jong u/ka dkhot jong ka iing ba kin ym tieng ne khih lynga lada don kum kita ki jingiap hapoh shnong.</li> </ul>
2.	Ka Kynhun ban peit ia ka Jaka Sah Shipor (Quarantine Management Team)	<ul style="list-style-type: none"> <li>• Ban wad ia ka jaka kaba bit ban pynlong kum ka quarantine center na ka bynta ka shnong lada donkam bad kine ki centre ki dei ban don hajan ki CHC/PHC.</li> <li>• Ban peit bad kit khia ia ki jingdonkam kum ka bam, ka um, ki dawai, bad kiwei kiwei na ka bynta kito kiba sah ha kine ki quarantine center.</li> <li>• Ban pynkhreh bad pynbit pynbiang ia ki jingdonkam ha ka quarantine center kum ki painkhana, ka light, ka um, ka jingkhuid-jingsuba lada ym pat don lypa da kaba iatrei lang bad ki bor sorkar/shnong.</li> <li>• Ban iarap ia ki ba donkam kali ban leit sha CHC/PHC/Hospital.</li> </ul>
3.	Ka Kynhun ai Jingsumar (Medical Team)	<ul style="list-style-type: none"> <li>• Ban bud dien bha ia kiba don hapoh quarantine.</li> <li>• Ban peit ruh ba ki prokram jong ka jingkoit jingkhiah kum ki injekshon/immunization, ka jingleit kha khun sha hospital (institutional delivery) lane lada kha ha iing ruh dei ban don lang ki doctor/staff nurse/ANM.</li> </ul>
4.	Ka Kynhun peit ia ka Umbam Umdih bad ka Jingkhuid Jingsuba (Water & Sanitation Team)	<ul style="list-style-type: none"> <li>• Lum ia ki dawai pynkhuid (disinfectant) na CHC/PHC.</li> <li>• Pynbiang ka um bam um dih ia kiba sah Home Quarantine ne ba sah ha ki Quarantine Centre.</li> <li>• Pynbiang ia ki jaka leit shabar bad pyntikna ba dei ban don ka jingkhuid jingsuba.</li> </ul>

