

GOVERNMENT OF ANDHRA PRADESH  
 AYUSH DEPARTMENT, ZONE-I, VISAKHAPATNAM  
 APPLICATION FOR THE POST OF YOGA INSTRUCTOR/ MASSEUR/SWEEPER 2020-2021 ( OUT SOURCING)  
 (Last Date & Time: On--14-04-2021 at 5:00PM)

1	NAME OF THE CANDIDATE	
2	FATHER,/HUSBANDs NAME	
3	RESIDENTIAL ADDRESS FOR CORRESPONDANCE	
4	PERMANENT ADDRESS	
5	NATIVE DISTRICT	
6	MOBILE NO.	
7	E MAIL ADDRESS	
8	AADHAR NUMBER	
9	RELIGION/ COMMUNITY	
10	COMMUNITY SUB.CASTE	
11	PLACE OF BIRTH	
12	GENDER	
13	DATE_OF.BIRTH AS PER SSC CERTIFICATE	
14	AGE AS ON 31.01.2020	
15	<p style="text-align: center;"><b>Method of Selection</b></p> <p>Education Qualification</p> <p>1. YOGA INSTRUCTOR: 1 (One) Post</p> <p>a) <b>education qualification:</b> 10+2 (40%),</p> <p>b) <b>Technical qualification:</b> Yoga Wellness instructor Course Certificate by recognized Govt. Yoga Board (20%),</p> <p>c) <b>Date of passing</b> technical examination @ 1 mark per year (10%),</p>	

	<p>d) <b>Past experience</b> (10%) and</p> <p>e) <b>Interview (or) demo</b> (20%)</p>	
	<p><b>Method of Selection:</b></p> <p>1.a) MASSEUR : 1 (One) for Male  b) MASSEUR : 1 (One) for Female</p> <p><b>a) education qualificationfor</b>  Masseur 1 (One) for male : General  10<sup>th</sup> class  Masseur 1 (One) for Female :  General 10<sup>th</sup> class</p> <p><b>b) Technical qualification:</b> Minimum  6 months certificate course in  panchakarma therapy from any  Government recognized institution  for Male/ Female Masseurs</p> <p><b>c) Date of passing</b> technical  examination @ 1 mark per year  (10%),</p> <p><b>d) Past experience</b> (10%) and  <b>e) Interview (or) demo</b> (20%)</p>	
	<p><b>Method of Selection:</b></p> <p><b>education qualification:</b></p> <p>1. SWEEPER : Person who can read  and write Telugu</p>	
16	<p>MARKS SECURED IN THE  QUALIFIED EXAM.  PERCENTAGE/GRADE</p>	
17	<p>ANY WORK EXPERIENCE  INRESPECTIVE POST</p>	

**STUDY PARTICULARS**

SNo	Course	District/ Location	Name of the School/ College/ University	Entering Date	Leaving Date	Date of Examination passed

**DECLARATION**

1 I hereby declare that statement made in the form is true to the best of my knowledge and belief

2.1 am married/unmarried and have-only one wife living (delete which is not applicable).

3 I am fully aware that furnishing of false information or suppression if any factual information in the Antecedents form would be a disqualification and is likely to render me until for Employment under The Government.

4. I am also fully aware that if it comes to notice at any time during my service that false information has been furnished or that there has been suppression of factual information in the antecedents form, my services would be liable to be terminated solely on this ground.

5.1 have enclosed CHECK LIST with list of documents required

PLACE:

DATE:

CHECK LIST FOR YOGA INSTRUCTOR

Sl. No	Required Documents	Yes/No
1	Recent Passport size photos-2	
2	Aadhar card with present Residential address	
3	Caste Certificate (Caste certificate to be issued from authority before 6 months)	
4	Creamy Layer Certificate from Tahsildar for 2020 (BC Candidates)	
5	SSC Marks list Memo	
6	Study Certificates (4 <sup>th</sup> to 10 <sup>th</sup> )	
7	a) <b>Education qualification:</b> 10+2 (40%), b) <b>Technical qualification:</b> Yoga Wellness instructor Course Certificate by recognized Govt. Yoga Board (20%), c) <b>Date of passing</b> technical examination @ 1 mark per year (10%), d) <b>Past experience</b> (10%) and e) <b>Interview (or) demo</b> (20%)	
9	Work Experience in Yoga related certificate	
10	Any other documents	

DATE:

SIGNATURE OF CANDIDATE

CHECK LIST FOR MASSEURS

SI No	Required Documents	Yes/No
1	Recent Passport size photos-2	
2	Adhar card with present Residential address	
3	Caste Certificate (Caste certificate to be issued from authority before 6 months)	
4	Creamy Layer Certificate from Tahsildar for 2020 (BC Candidates)	
5	SSC Marks list Memo	
6	Study Certificates (4 <sup>th</sup> to 10 <sup>th</sup> )	
7	<b>a)education qualification for Masseur 1 (One) for male :</b> General 10 <sup>th</sup> class <b>Masseur 1 (One) for Female :</b> General 10 <sup>th</sup> class <b>b)Technical qualification:</b> Minimum 6 months certificate course in panchakarma therapy from any Government recognized institution for Male/ Female Masseurs <b>c) Date of passing</b> technical examination @ 1 mark per year (10%), <b>d)Past experience</b> (10%) and <b>e) Interview (or) demo</b> (20%)	
8	Any other documents	

**DATE:**

**SIGNATURE OF CANDIDATE**

CHECK LIST FOR SWEEPER

<b>Sl No</b>	<b>Required Documents</b>	<b>Yes/No</b>
1	Recent Passport size photos-2	
2	Aadhar card with present Residential address	
3	<b>education qualification:</b> 1. SWEEPER : Person who can read and write Telugu	
4	Any other documents	

**DATE:**

**SIGNATURE OF CANDIDATE**

GOVERNMENT OF ANDHRA PRADESH  
AYUSH DEPARTMENT, ZONE-I, VISAKHAPATNAM

NOTIFICATIO NO.....DATED:

Applications are invited from the eligible (as mentioned in the Annexure) candidates for the posts of Yoga instructors, masseurs and Sweeperson out sourcing basis as per the terms and conditions mentioned in the Annexure.

**ANNEXURE**

**1. Objectives:**

- a) The Government of India approved a component of AYUSH Wellness Centers to propagate AYUSH systems of medicine and render better services to the poor people.
- b) The qualified / eligible youth engaged for providing sensitive support service as Yoga instructor masseurs and sweepers at respective Wellness centers and concerned places.
- c) The system will create job opportunities to young professionals of Yoga instructors and masseurs to have obtained certificate course in panchakarmatherapy .

**2. Qualification and Vacancy Position:**

**Yoga Instructor:** a) **education qualification:** 10+2 (40%),

b) **Technical qualification:** Yoga Wellness instructor Course Certificate by recognized Govt. Yoga Board (20%),

c) **Date of passing** technical examination @ 1 mark per year (10%),

d) **Past experience** (10%) and

e) **Interview (or) demo** (20%)

**Masseurs** : **education Qualification:** Masseur 1 (One) for male : General 10<sup>th</sup> class  
Masseur 1 (One) for Female: General 10<sup>th</sup> class

**Technical qualification:** Minimum 6 months certificate course in panchakarma therapy from any Government recognized institution for Male/ Female Masseurs

**Date of passing:** technical examination @ 1 mark per year (10%),

**Past experience:** (10%) and

**Interview (or) demo:** (20%)

**Sweeper** : **education qualification:** Person who can read and write Telugu

**Selection Procedure:**

- The candidates who called for interview has to submit declaration to stay in concerned wellness center before attending interview.
- Selection Procedure : weightage will be given
- Age limit:  
Yoga instructor: 42 years for OC, 47 years for SC, ST BC as on 31<sup>st</sup> January 2020.  
Masseurs: 42 years for OC, 47 years for SC, ST BC as on 31<sup>st</sup> January 2020.  
Sweepers: Minimum 18 years maximum 42 years for OC, 47 years for SC, ST BC as on 31<sup>st</sup> January 2020.
- Roster system and rule of reservation shall be followed as per rules.
- Selection shall be done through issue of an advertisement in local leading news paper.

### **Terms and Conditions:**

1. **Yoga Instructor** : Selected candidates will work with remuneration of Rs.7000/- per month (Rupees Seven Thousand only) on out sourcing basis.
  2. **Masseurs** : Selected candidates will work with remuneration of Rs.10000/- per month (Rupees Ten Thousand only) on out sourcing basis.
  3. **Sweeper**: Selected candidates will work with remuneration of Rs.4800/- per month (Rupees Four Thousand and Eight Hundred only) on out sourcing basis.
- As per GO.Ms.No. 159, Health & Medical Family Welfare ( F.1) Dept, Dated: 22-09-2017 and instructions given by the Commissioner , AYUSH Dept , AP, Vijayawada Yoga instructor, masseur, sweeper posts are recruited on outsourcing basis for a period of 1 year initially extension of their service by year by year based on instructions of Govt. of India .
  - Wellnesscenters posts (Yoga instructors, Masseurs, Sweepers) are engaged under National AYUSH Mission scheme. The AYUSH Department, Govt of India will not pay any remuneration after closure of the NAM scheme.Hence the AYUSH Department, Govt of AP shall not be responsible for continuation of services of yoga instructors, masseurs & sweepers.

### **Role and Responsibilities :**

#### **Role and responsibility of Yoga Instructor:**

- 1) Morning& Evening teaching of Yoga to Yoga practitioners.
- 2) Teaching Yoga therapy to patients.
- 3) Performing of yoga criyas.
- 4) Educating and conducting yoga awareness camps to practitioners and general public.
- 5) Educating the practitioners about the rituals before practice of yoga.
- 6) Educating the patients about the indications and contra indications during the practice of yoga.

#### **Role and responsibility of Massage therapist:**

- 1)work effectively as a part of team.
- 2) keep work area clean and orderly at all times.
- 3) perform Preparatory and End shift duties.
- 4) should have good communication skills along with panchakarma treatment skills.
- 5) Ability to be flexible under demanding of changeable work responsibilities and scheduling.
- 6) Able to maintain or inform the list of necessities needed for performing the Therapy.