

OFFICE OF THE CHIEF DISTRICT MEDICAL & PUBLIC HEALTH OFFICER  
JAGATSINGHPUR, ODISHA

Tender No. 304

Date: 30/01/2019

Notice for Invitation of Tender for Diet Services in District Head Quarters  
Hospital, Jagatsinghpur

Date for Availability of Tender : 01/02/2019 to 22/02/2019

In the website of the district : [www.Jagatsinghpur.nic.in](http://www.Jagatsinghpur.nic.in)

Last Date for Submission of Tender : Date 22/02/2019 & Time 5.00 p.m.

Place, time & venue of Opening Tender : Date 25/02/2019 & Time 11 p.m. at  
conference hall, New OPD Building

Address for submission : Office of the CDM&PHO, Jagatsinghpur  
At/Po/Dist- Jagatsinghpur  
Pin-754103

Cost of Tender Document : Rs 2, 100/ (Two thousand one  
Hundred only)

Earnest Money Deposit (EMD) : Rs. 20,000/- (Twenty Thousand only)

The Hospital also reserves the right to accept or reject summarily any or all the tenders without assigning any reason whatsoever.

The Bidders may download the Tender Documents directly from the Website available [www.jagatsinghpur.nic.in](http://www.jagatsinghpur.nic.in) from 01/02/2019 to 22/02/2019. The tender Paper will be received through Regd. Post/Speed Post/Courier Services only. The Tender cost fee of Rs.2100 (two thousand one hundred only) (Non-refundable) by way of separate Demand Draft drawn in favour of Rogi Kalyan Samiti, DHH, Jagatsinghpur should be enclosed along with the Technical Bid.

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**TENDER DOCUMENT**

For providing Services of Diet at District Headquarter Hospital, Jagatsinghpur

1.0 Introduction to the Guidelines:

1.1 **Key Features of the Guidelines:**

1.1.1 These guidelines highlight the dietary practices to be followed in the public health institutions adhering to the prescribed cost norm for different category of patients.

1.1.2 It highlights the diet requirement of different category of patients by their disease type.

1.1.3 It highlights the dietary management practices to be followed in public health institutions and role of different stakeholders in the process.

1.2 **Objective and Applicability of the Guidelines:**

1.2.1 Present guidelines are meant for the public health institutions to strengthen and streamline the dietary services and its management.

1.2.2 These guidelines would be applicable to all the public health institutions which have required provision for in-door patients.

1.2.3 In case, if in-door/bed provision is not available in any health institution but based on the advice of the doctor / in-charge of the public health institution, if a person is kept under watch in such health institutions, she/he would be entitled for availing diet as per the norm of the Government.

1.2.4 Unless it is followed by any other notification / order of the Government, present guidelines would be applicable for all types of in-door patients superseding earlier notification/s made by Government in this connection.

1.2.5 This is omnibus guideline which supersedes all previous guidelines on this subject.

1.3 **Duration of Effectiveness of the Guidelines:**

1.3.1 These guidelines would be effective from 01/11/2012 and would remain in force till further notification / order of the Government issued in this regard.

1.3.2 Government may issue revised circulars / notifications from time to time, if so required, after careful examination of the outcome of these guidelines. The beneficial dimensions of these guidelines would be examined after its implementation, not exceeding six months time, and if so felt necessary, further modification would be made to make it more suitable for the patients.

2.0 **Revised Cost Norm for In-door Patient's Diet:**

**Table 1: Revised Cost Norm**

SN	Patient Category	Earlier Rate of Diet per Patient per Day	Revised Rate of Diet per Patient per Day
1	Paediatric	25.00	50.00
2	General	50.00	50.00
3	Cancer	60.00	60.00
4	TB	60.00	60.00

**Note:**  
1. The revised cost norm is effective from 1/11/ 2012  
2. Cost of diet for burn cases would be Rs.60/- in line with Cancer and TB patients

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3.0 **Right to Access Diet:**

- 3.1 Right to diet, as per the prescribed standard of diet, adhering to the quality and quantity, is reserved for all the in-door patients.
- 3.2 Any in-door patient, if not allotted with bed but admitted as in-door patient would be entitled to avail the diet as per the prescription of the doctor and advice of the dietician.
- 3.3 During admission to the in-door, every patient would have a diet advice slip [please find the format attached] which would be treated as diet entitlement slip for the in-door patients till discharged from the health institution.

4.0 **Timing of Diet Supply:**

The timing of diet supply to the patients is mentioned below for adherence. In no case, there should be deviation in time, not exceeding 0.30 hrs for each category of diet timing. The diet preparing and distributing contractor would be advised accordingly

1. Breakfast: Between 7.30 am to 8.00 am
2. Lunch: Between 1.00 pm to 2.00 pm
3. Dinner: Between 8.00 pm to 9.00 pm

**Note:** Timing of diet and times of diet provision may vary based on the diagnosis and as per the recommendation / prescription of the dietician / doctor. The hospital manager / person designated for the management of dietary services would adhere to the timing as prescribed by the doctor / dietician. Timing for patients prescribed for "full liquid diet" under therapeutic diet may vary based on the advice of the dietician / doctor.

5.0 **Cooked and Dry Food Diet:**

- 5.1 Dry diet would be provided to the in-door patients where provision for number of in-door patient is less than 50. The public health institutions that have more than 50 or 50 beds would be provided with cooked diet.
- 5.2 Dry diet would be provided three times i.e. during breakfast, lunch and dinner like that of cooked diet.
- 5.3 Dry diet would encompass Milk, Biscuits, Nuts/Dry Fruits, Egg, Bread and Fruits [of medium size]. If required and felt it necessary by the Dietician / Medical Officer, fresh fruit juice would be provided looking at the condition of the patient and the diagnosis.

6.0 **Diet Typology:**

- 6.1 In general, the health institutions should made necessary arrangement for preparation of **non-therapeutic** and **therapeutic** diet based on patient category. The therapeutic diet would encompass [1] clear liquid and full liquid diet [2] soft diet and [3] light diet.
- 6.2 This diet must be nutritionally adequate either to maintain adequate nutrition or to improve the nutritional status. Patients who need adaptations or modifications in their diet, due to illness, accident or injury, should be served modified diet until they become ambulatory patients who can be served the general diet.

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