



GUIDELINES LOCKDOWN 4.0

Identification of Red, Orange, Green and Containment Zones

- **Red, Orange** and **Green** Zones to be demarcated by respective States/UT Governments, taking into consideration the parameters of Ministry of Health, Government of India
- **Containment** and **Buffer Zones**, within Red and Orange Zones, to be demarcated by District Authorities, after taking into consideration Guidelines of Ministry of Health, Govt. of India

Activities prohibited nationally

- All domestic and international air travel for passengers
- Metro rail services
- Educational institutions/training/coaching institutions
- Hotels, restaurants and other hospitality services, except those meant for housing health/police/government officials/healthcare workers/stranded persons, including tourists and for quarantine facilities, and for running of canteens at bus depots, railway stations and airports
 - Kitchens of Restaurants allowed, but only for home delivery of food

Activities prohibited nationally

- All cinema halls, shopping malls, gyms, swimming pools, entertainment parks, theatres, bars and auditoriums, assembly halls and similar places
- Social/political/sports/entertainment/academic/cultural/religious functions/other gatherings, and large congregations
 - Sports complexes and stadia allowed (without spectators)
- All religious places/places of worship for public, including religious congregations

Activities permitted with restrictions throughout the country (Except in containment zones)

- Inter-state movement of passengers vehicles and buses, with mutual consent of States/UTs involved
- Intra-state movement of passenger vehicles and buses, as decided by the States and UTs

Containment Zones

- Only essential activities will be allowed
- Strict parameter control to ensure no movement of people in or out of the zone (other than for medical emergencies and maintaining supply of essential goods/services)
- Guidelines of Ministry of Health to be followed
- Intensive contact tracing, house-to-house surveillance, and other clinical interventions

Safety and Health measures (across the country)

- Movement of individuals strictly prohibited between 7 pm and 7 am, except for essential activities
- Local authorities to issue appropriate prohibitory orders for strict compliance
- Persons above 65 years of age, persons with co-morbidities, pregnant women, and children below 10 years age shall stay at home, except for essential and health services
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Activities permitted in Red, Orange and Green Zones (outside containment zone)

- All activities permitted, other than
 - (i) Those prohibited nationally
 - (ii) Prohibited as may be imposed by States/UTs

Use of Aarogya Setu App

- Employers to ensure installation of Aarogya Setu app by all employees with compatible mobile phones
- District Authorities to advise individuals to install Aarogya Setu app on compatible mobile phones and regularly update health status thereon

National Directives for Public places and Work places

- Compulsory wearing of face covers
- Social distancing by all persons in public places and public transport
- Marriage related gathering not to have more than 50 guests
- Maximum 20 persons in funeral/last rites
- Consumption of liquor, paan, gutka, and tobacco, etc. not allowed in public places

National Directives for Workplaces/establishments

- Practice of Work from Home to be followed to the extent possible
- Staggering of work hours to be adopted
- Provision for thermal screening, hand wash and sanitizers at all entry and exit points and common areas
- All work places and other sensitive locations to be sanitized
- Social distancing to be maintained through adequate distance between workers, adequate gaps between shifts, staggering lunch break, etc.

Stipulations regarding shops and markets

- Local authorities to ensure that shops and markets are opened with staggered timings
- Shops to ensure “*Do gaz ki Doori*” amongst customers
- Not more than five persons in a shop

Enforcement of Guidelines

- States/UTs to ensure strict enforcement of Guidelines
- Guidelines not to be diluted by States/UTs