



PROTOCOLS OF COEXISTENCE WITH PEOPLE AT RISK



FOR YOUR HYGIENE



Sleep in
separate bed



Use different baths
and disinfect it
with bleach



Do not share
towels, cutlery,
glasses, etc.



Clean and disinfect
high contact
surfaces daily
(Switches, tables,
chair backs, handles,
etc)



Wash clothes,
sheets and towels
very frequently



Keep distance,
sleep in
separate rooms



Ventilate your
room often



Call the designated
telephone number
if fever and
difficulty breathing
occur more than
38°



Do not break the quarantine for 2 weeks.
Each exit from home is a
reset of the counter