

NO.HFW-H UNA (NHM) NVBDCP/2018 12/03-4  
Office of Chief Medical Officer,  
Una, District Una H.P.

To

All the Head of Offices,  
District Una. 18-7-18

Sub:

Regarding pre-emptive measures to prevent vector borne diseases (dengue Chikungunya and malaria).

Sir,

As you are aware that few cases of dengue are diagnosed in our district as well as in the neighboring districts. Inter-sectoral Coordination is must for prevention and control of dengue Chikungunya and malaria

In compliance to directions from Worthy Deputy Commissioner Una, to reduce the number of cases of dengue and malaria the undersigned is issuing the following pre-emptive measure measures to be adopted by all the departments of District Una:-

1. Avoid the water stagnation in the adjoining locality and aware the public/ community regarding prevention of dengue and malaria.
2. Regular cleaning of water coolers.
3. Regular cleaning of water storage points (Water tanks etc.) along with record keeping.
4. All the unused waste material including tyres, buckets, bottles etc. any unwanted material lying in the campus must be condemned and disposed off at the earliest since such material is good breeding site of insects and reptiles etc.
5. Cleaning of facility campus including removal of bushes, cleaning of water drains, de-weeding of area, pruning of trees etc.
6. Make every Saturday as dry day for coolers i.e. all the water in the coolers must be drained on every Saturday, kept dry during Sundays and should be filled with fresh water on every Monday.
7. Aware the public/community regarding the Wire meshing of doors & windows, use of mosquito repellent coils or creams to avoid the mosquito bite & also ensure the awareness of the staff as well as community to wear full sleeves clothes and keep your limbs covered during early morning to avoid the mosquito bite. Community awareness may be created to report to nearest Medical Officer if any persons develop symptoms suggestive of Dengue. It may be emphasized that majority of cases can be treated at home with adequate hydration and needs no hospitalization. Only a minor fraction of patients requires hospitalization & Fresh Blood transfusion which is available at RH Una. The community must come forward for voluntary blood donation to help out the patients in need
8. All suspected Dengue patients may be advised to use Mosquito nets to avoid further spread of Diseases.

All the above mentioned steps will help in prevention of dengue and malaria. So that number of cases can be reduced.

No. as above/1205-7  
Copy to:-

1. Deputy Commissioner Una for information please
2. The Director Health services and family Welfare, Shimla HP, for information please.
3. The Mission Director NHM, Directorate of H&FW Services Shimla, for information please.
4. Medical Health Officer RH Una H.P, for information and n/a please.

Chief Medical Officer,  
Una, District Una HP

Dated:- 18-7-18

Chief Medical Officer,  
Una, District Una