

No: SYA.91/2020/1

Dated: Shillong the 16<sup>th</sup> June, 2020

### SOP for Non-Contact and Indirect-Contact Sporting Activities

In pursuance of the Order No POL.75/2020/Pt/40 dated Shillong, the 29<sup>th</sup> May, 2020 issued by the Government of Meghalaya permitting only non-contact sporting activities, the following SOP will be followed for Non-Contact and Indirect-Contact Sporting activities.

#### I. INTRODUCTION

- i. Resumption of non-contact and indirect-contact sporting activities shall be in compliance with Government guidelines on health, social distancing and hygiene to ensure safety of all stakeholders.
- ii. At all times sports organisations/associations and other stakeholders must respond to the directives of Health Department or other authorities.
- iii. The detection of a positive COVID-19 case in a sporting club or organisation will result in a standard public health response, which could include testing and quarantine of individuals as per protocols of the Health and Family Welfare Department.

#### II. DEFINITIONS

##### **Non-Contact Sports**

Individual sports with no requirement for physical contact during training or competition and minimal requirement for sharing of equipment. These include Archery, Shooting, Cycling, Fencing and Athletics (only track sporting activities which does not require the use of equipment).

##### **Indirect-Contact Sports**

Sports (individual and team) which lead to indirect contact during training or competition by sharing of equipment like balls, shuttlecock, racquets. These include Golf, Lawn Tennis and Badminton.

#### III. PROCEDURES FOR TRAINING AND SPORTING ACTIVITY

- i. Full array of training and sporting activities may be performed as individual or pair maintaining distancing norms of minimum 2 metres between athletes and staff.
- ii. Personal equipment such as bow, gun, sword, rackets etc. shall be used without sharing.
- iii. In the dire need of sharing any of such personally used equipment, equipment shall be properly disinfected after every single use as per the standard procedure using disinfectant, wearing facemasks, gloves and personal precautionary equipment etc.
- iv. Sports specific safety equipment such as a helmet, eye protectors, face protectors etc. shall not be shared.
- v. Shared Training equipment must be disinfected after every single use.
- vi. Consistent hand sanitization is a must before, during and after every training session.
- vii. For indirect contact sports, equipments which are bound to be shared and utilized continuously must be handled carefully without using such equipment to rub/ touch face, remove sweat etc.
- viii. No spectators shall be allowed within sporting venues at any time. Only athletes and trainers shall be present at the venue

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**IV. MANAGEMENT OF PREMISES**

The disinfection of premises shall be performed by the custodians of the respective sporting venues. Venues for non-contact sports under the State Sports Council Meghalaya (SSCM) will be disinfected by the SSCM. Similarly, community grounds being used for non-contact sporting events will be disinfected by the respective Village heads/ Associations/ Clubs/ Organisations and Stakeholders.

**V. DISINFECTION PROCEDURES**

All areas within the premises shall be disinfected using clinically approved disinfectants. The areas to be disinfected include but not limited to -

- i. Entrances (doorknobs, handles etc.) to premise, buildings, rooms.
- ii. All common areas which are used by trainees, visitors
- iii. Playing surfaces, various equipment at the field of play, operational areas for field of play which includes control panels for irrigation system, floodlights and adjacent areas.
- iv. Washrooms and toilets
- v. All other surfaces which are touched by users after every single use.

**VI. CONSENT FORM**

Each athlete will be provided with a consent form (Annexure I) at the sporting venue/ premise. This form is to be duly filled and submitted to the concerned village heads/ associations/ clubs/ organisations/ stakeholders.

The Deputy Commissioner will ensure compliance of this protocol.

Sd/-

Commissioner and Secretary to the Government of Meghalaya  
Sports and Youth Affairs Department

Memo No: SYA.91/2020/1(A)

Dated: Shillong the 16<sup>th</sup> June, 2020

Copy to :-

1. P.S. to Minister I/c Sports & Youth Affairs, for information of Minister.
2. P.S. to Chief Secretary, to the Govt. of Meghalaya, for information of Chief Secretary.
3. P. A. to Commissioner & Secretary to the Govt. of Meghalaya, Sports & Youth Affairs Department, for information.
4. The Deputy Commissioner, East Khasi Hills District, West Khasi Hills District, South West Khasi Hills District, Ri-Bhoi District, West Jaintia Hills District, East Jaintia Hills District, West Garo Hills District, East Garo Hills District, South Garo Hills District, North Garo Hills District, South West Garo Hills District, for information and necessary action.
5. The Director, Sports & Youth Affairs, for information and necessary action with a request to circulate the same to All Meghalaya Sports Associations.
6. The Chief Engineer, State Sports Council Meghalaya, for information and necessary.

By Order etc.,

Joint Secretary to the Government of Meghalaya  
Sports and Youth Affairs Department

\_\_\_\_\_

D.o.B - \_\_\_\_\_ Gender - \_\_\_\_\_

Sports venue - \_\_\_\_\_ Sport - \_\_\_\_\_

District- \_\_\_\_\_ Location- \_\_\_\_\_

- I hereby acknowledge the risks associated with resuming training at the venue under the present COVID-19 pandemic situation.

- I hereby acknowledge that the risks involved, necessary precautions and protocols for resumption of training have been duly informed to me by \_\_\_\_\_ (name of Association/Organisation/Stakeholder) and the venue.

- I hereby acknowledge the venue cannot guarantee the complete elimination of risks posed by COVID-19 through the implementation of the precautions and protocols identified by the Government.

- I hereby declare that I am willing to resume training at the venue on my own consent without the influence of any other party and I shall adhere to suggested safety precautions and protocols at the venue.

\_\_\_\_\_  
(Signature of athlete) (Signature of Trainer)

\_\_\_\_\_  
(Name of athlete) (Name of Trainer)