

GOVERNMENT OF MEGHALAYA  
OFFICE OF THE DEPUTY COMMISSIONER :: WEST JAINTIA HILLS DISTRICT JOWAI.

ORDER  
Dt. 12.05.2021

As per government notification vide No.Health.101/2020/Pt.II/45 dated 10th May 2020, it is reported from Public Health experts that the actual number of Covid-19 cases in the state could be **upto 25** times the numbers recorded. This is due to the fact that many cases are asymptomatic, or people are not coming forward for testing due to denial or fear of stigmatization. Hence many **silent carriers** are likely present and are spreading the virus within the communities and families.

And since the 1<sup>st</sup> of May, 2021 to 11<sup>th</sup> of May, 2021, there has been a sharp and continuous spike in COVID-19 cases & deaths in West Jaintia Hills District, with **168** cases and **12** deaths reported.

And despite a lockdown and curb on movement and activities, the high number of cases reflects **widespread transmission**. While the mobility lockdown may help contain spread of the virus in public spaces, spread within the family/ close communities is already happening and may rise in the coming days.

And since the government has directed that **“all attempts should be made at this juncture to handle the numbers of symptomatic patients at the household/ community level efficiently and in a structured manner to avoid panic and chaos as has been witnessed in other states”**,

Therefore, in view of the facts above, it is imperative that the following steps be followed by all citizens, with immediate effect:-

1. **Everyone** should consider themselves to be asymptomatic carriers and follow COVID Appropriate Behaviour at all times, namely:-
  - (a) Mask wearing should be strictly followed even in one's own home in the next 14 days.
  - (b) **Complete home isolation is to be observed by citizens, and no inter-house visits are permitted especially in close neighbourhoods.**
  - (c) While shops selling essential commodities are permitted to open in the localities, only one member per household is allowed to come out for purchase of essentials. Time spent for this purpose should be the **bare minimum**.
  - (d) 50% of cases reported in the last week are of High Risk Contacts, who are mostly family members, co-workers, neighbours and other known persons of positive cases. Hence care should be taken **at all times** even in homes, community or work spaces.
2. People who have moved out of the house, or have breached the mask protocol at any time when interacting with others not of their family, or who have moved in crowded spaces must take steps to stringently wear masks, practice hand hygiene and distance themselves from other family members. **As far as practicable, families can demarcate separate living spaces which symptomatic persons, or mobile persons can occupy.**
3. **All persons displaying symptoms of cough, fever, etc., should isolate themselves immediately, even if not tested. Report symptoms to 14410 and to the nearest health care provider.** Begin home management of mild symptoms as prescribed by the Health Department.
4. Elderly persons or persons with medical conditions are instructed to stay at home at all times. Elderly and co-morbid people in the community will be line-listed by health workers. CCMTs may assist in submitting the names of such persons to the local health centre.



5. High risk contacts awaiting testing or test results must **not ignore symptoms**, and report themselves to 14410.

The only evidence-based health approach to stop & kill the virus is through physical distancing, hand washing before touching your eyes, nose and mouth and wearing a mask in public places. **The only way to protect the vulnerable population from severe infection and death is through vaccination.**

Deputy Commissioner,  
West Jaintia Hills District,  
Jowai.

Dated Jowai, the 12<sup>th</sup> May, 2021.

Memo.No.GEN.253/COVID-19/2021/ 58,

1. The Private Secretary to the Chief Secretary to the Govt. of Meghalaya, Shillong for kind information of the Chief Secretary.
2. The Addl. Chief Secretary to the Govt. of Meghalaya, Home (Police) Department, Shillong.
3. The Addl. Chief Secretary to the Govt. of Meghalaya, Political Department, Shillong for kind information.
4. The Commissioner of Division for East/West/South West Khasi Hills/ East/West Jaintia Hills & Ri Bhoi Districts, Meghalaya, Shillong for kind information.
5. The Commissioner & Secretary to the Govt. of Meghalaya, Health & Family Welfare Department, Shillong for kind information.
6. The Secretary to the Govt. of Meghalaya, Political Department, Shillong for kind information.
7. The Deputy Commissioner, West Karbi Anglong District, Hamren, Assam for kind information.
8. The Deputy Commissioner, Dimahasao District, Haflong, Assam for kind information.
9. The Superintendent of Police, West Jaintia Hills, Jowai for information and necessary action.
10. The Sub-Divisional Officer (Civil) Amlarem for information and necessary action.
11. All Incident Commander, West Jaintia Hills, Jowai for information and necessary action
12. All Sector Officer, West Jaintia Hills Jowai for information and necessary action.
13. All Block Development Officer in West Jaintia Hills District for information and necessary action.
14. The CEO, DDMA, West Jaintia Hills District, Jowai for information and necessary action.
15. The District Disaster Management Officer, West Jaintia Hills District, Jowai for information and necessary action.
16. The District Medical & Health Officer, West Jaintia Hills District, Jowai. for information and necessary action.
17. The Station Director, All India Radio, Jowai for announcement in the news bulletin in English and Khasi.
18. The Assistant Director of Information and Public Relations, West Jaintia Hills District, Jowai with a request to widely publicise the above Order.
19. The District Transport Officer, West Jaintia Hills District, Jowai for information and necessary The  
✓ DIO, NIC with a request to upload in the District Website.
20. The President, Synjuk ki Waheh Shnong Urban Jowai for information and necessary action.
21. The President, Synjuk ki Waheh Shnong Ri Lum Jaintia for information and necessary action.

Deputy Commissioner,  
West Jaintia Hills District,  
Jowai.