

**COVID-19 SABISI BATRIKRIKANIKO CHAMPENGA MASK-KO GANNA BA JAKKALNA
NANGCHONGMOTGIPA TARIGIMIN NIAMRANG:**

Ta'arakbee, gipatrooenggipa **SARS-CoV-2 virus**-ni a'sel an'chingni a'doko **Covid-19** saani batrooengani gimin, ia sabisi giprooaniko champengna aro mandeni janggirango naljokatna, Mask-ko gannani ba jakkalanian mongsongbatgipa ong'a. Mask-rango simsake jakkalna, tarie dona, rongtalatna aro jakkalmano simsake galna nanga. An'tangtango man'a dipet **Covid** sabisioniko chel'chakna saksakagipinoni chel'tanggrike dongna (Social Distancing), nokdringrango balsrange rakkina, mande jinma tom'dakako gelna, jakrango namedake jaksujringna aro jakpongango ba ba'rao gusumitango gusuchakna nanga. Iarang baksana, a'dokni plak manderango Mask-ko ganna ba jakkalna tarigimin niamrango ja'rikpachina ka'mao mol'molatpaenga:

1. Bilsigni ba una batgipa manderang a'palona ong'katon ba noktangoni ong'gijagipa manderang baksa robrinon, mitap gittam dakgipa surgical Mask ba N-95 Mask-ko ganna nanga.
2. Plastic ba bigilniko tarigimin Mask-rango ba naprotaigipa ba'raniko tarigimin mitapsasan ong'aigipa Mask-rango jakkalna ba ganna nangja.
3. Ning'ao mitap gittam dakgipa, rang'sitna man'gipa surgical Mask-rango ganna ba jakkalna nanga.
4. Mask-rango ganmitango ba jakkalmitango, jakkalna skang ba jakkalmane okani ja'mano aro je somoioba Mask-ko dangtapani ja'man namedake an'tangni jakrango jaksuna nanga.
5. Nang'ni gingting, ku'sik aro ku'dipe gimikko pindapgipa Mask-ko jakkalna nanga.
6. Mask-ni pal scarf ba muffler-chi mikkango pindapaniko gelbo.
7. Jakkaltaina nangode, Mask-ko okani ja'mano rongtalgipa biapo donbo. Ba'rani Mask-rango salantian jakkalna skang su'galbo.
8. Gipin jabolrang baksa galatna skang, Solid Waste Management, 2016 ni Niamo pangchake, jakkalgimin Mask-rango lekkani jolao kanta sotsni gnina (72) donchengna nanga. Jakkaltaianiko champengna, galatnasigipa Mask-rango ratpripae galbo.
9. Covid-19 saenggipa mande ba apan sabisini chinrango man'enggipa, pangnan manderangni sepango dongon Mask-rango ganna nanga.
10. Apan nokoni mande Covid-19 sabisi saani chinrang dongode ba sabisiko man'ahaode, nokningoba Mask-ko ganna nanga.
11. Sagiparango sangiparang, sanchakgipa biaprango N-95 Mask-rango ganna nangchongmota.

12. Covid-19 saenggipa manderangko noktango dingtang done simsake nirokenggiparang N-95 Mask-ko ba mitap gittam dakgipa Mask baksa kosako ba'rani Mask-ko ganchapna nanga. Dingtang done sannenggipa sagipa mandeba sanmiting somoio Mask-ko ganna nanga.
13. Bilsu sotdok (60) ba una batgipa manderang aro be'eno dingtang saani sabisi donggiparang mande jinma tom'dakgipa biaprango ba jinma baksa dongon, Mask-ko ganna nangchongmota.
14. Covid-19 test result-rangna sengenggipa manderang simsaksona gita, noktangoba test result-rang man'kujana kingking Mask-ko ganne dongna nanga.
15. Tekchapgipa buduko sale Mask-ko okbo; changpraksan jakkalaigipa Mask-ko galatbo aro su'srangna man'gipa Mask-ko moila ong'jokon su'galbo.
16. Balwa napna dongipa, a'kilok gnanggipa Mask-rangko jakkalna ba ganna nangja.
17. Mask –de Social Distancing-ni pal ong'ja. Noktangni ong'gijagipa manderang baksa dongon, saksa sakgipinoni feet dok chel'tanggrike donga baksana Mask-rangkoba ganchapna nanga.
18. Plane, bus, rel ba mande jinma songreanirango songreengon, pangnan Mask-rangko ganna nanga.
19. Nikprotaigipa mikkangko peng'ani bosturangko Mask-rangni pal jakkalna nangja.
20. Saksa sakgipin baksa Mask-rangko sregrikna nangja.