

LOCK DOWN 3.0: PERMITTED ACTIVITIES IN PUNJAB (4/05/2020- 17/05/2020)

S.No	Activity	Red Zone	Orange Zone	Green Zone
	Districts	JLD, LUDH, PTL	Remaining 15 Distts	RPR, FTG, BTI, FZK
1	Travel- Air, rail, metro	No	No	No
2	Inter State Buses	No	No	No
3	Educational Institutes, Schools, colleges, Training and Coaching Institutions	No	No	No
4	Hospitality Services, Cinema halls, Malls, gymnasiums, sports complex	No	No	No
5	Social political cultural and other kind of gatherings	No	No	No
6	Religious places/ places of worship	No	No	No
7	Movement of Individuals (7pm to 7am)	No	No	No
8	Movement of Persons above 65 year, Pregnant women & children below 10 year	No	No	No
9	Movement of Individuals (7am to 7pm)	Yes (as per DC's orders)	Yes (as per DC's orders)	Yes (as per DC's orders)
10	OPD (Government/ Private)	Yes	Yes	Yes
11	Intra-District and Inter-District Buses	No	No	No
12	Taxis and Cab aggregators	No	No	No
13	Rickshaw and Auto Rickshaw	No	No	No
14	4 wheeler : 1+2	Yes with passes	Yes with passes	Yes with passes
15	2 wheeler without pillion	Yes with passes	Yes with passes	Yes with passes
16	Goods traffic	Yes	Yes	Yes
17	Rural Shops (9am - 1pm)	Yes	Yes	Yes
18	Urban standalone, Neighbourhood & Shops in Residential areas (9am - 1pm)	Yes	Yes	Yes
19	Urban shops in Markets, Marketing complexes (9am - 1pm)	Yes (for essential commodities)	Yes	Yes
20	Barber, salons, spa shops (both in Rural & Urban)	No	No	No
21	Construction in Rural area	Yes	Yes	Yes
22	Construction in Urban area	Yes for in situ construction	Yes	Yes
23	Agriculture, Horticulture, Animal Husbandry, Veterinary (essential services)	Yes	Yes	Yes
24	Bank & Finance (9am to 1pm)	Yes	Yes	Yes
25	Courier, Postal service (9am to 1pm)	Yes	Yes	Yes
26	Essential Goods, IT, Jute, Packaging Industry	Yes	Yes	Yes
27	Industry in Rural Area	Yes	Yes	Yes
28	Industry in Urban Area	Yes (only in SEZs, EOUs, Industrial estates, Industrial townships)	Yes	Yes
29	E-Commerce	Yes (for essential commodities)	Yes	Yes
30	Private offices	Yes with 33% staff	Yes	Yes
31	Educational Institutions for office work, online teaching & book distribution.	Yes with 33% staff	Yes	Yes
32	Government offices (Defence, Health, Police, Fire)	Yes	Yes	Yes
33	Other Central Government offices	Yes 100% for Deputy Secretary and above , 33% Junior Staff	Yes (with Id card of employer)	Yes (with Id card of employer)
34	Punjab Government offices	Yes as per DoPT Instructions	Yes as per DoPT Instructions	Yes as per DoPT Instructions
35	Activities permitted as per MHA guidelines dt. 24.03.2020 & 15.04.2020	Yes	Yes	Yes
36	All other activities Not specifically prohibited in MHA Guidelines	Yes	Yes	Yes
	Passes:	Worker & employee - I card of employer (no pass required for vehicles)		
		Vehicles - For non work places - Passes required		