

No.F.11014/1/2021-DC(M)/Covid-19/PR/Vol-II
OFFICE OF THE DEPUTY COMMISSIONER
MAMIT DISTRICT : MIZORAM

Mamit, the 1st December, 2021.

ORDER

COVID-19 darh zel tur vênna atâna ni 30.11.2021 thlenga hman tur COVID-19 inkaihhruaina he office in a lo chhuah tawh vide even no dt. 29.10.2021 chu a lo tâwp dâwn ta a;

Mamit District chhunga COVID-19 darh dan leh mipui zinga hri kai thar awm dan thlirin inkaihhruaina kalpui mek leh hri kaite enkawl kawnga hmalakna chhonzawm zel a tul a. A bik takin tunah hian Covid variant thar 'Omicron' WHO-in a puan thar tak avangin uluk taka inven a tul hle a. Chuvangin, COVID-19 hripui laka kan him theih nan COVID-19 Appropriate Behaviour (CAB) tha taka zawm chhungin inkaihhruaina kan hman mek chu tidanglam in kalpui chhonzawm zel a tul a;

Chuvangin, kei Dr. Lalrozama, Deputy Commissioner, Mamit District hian a hnuaia mi ang hian ni **1.12.2021 atanga ni 15.01.2022 zanlai dar 12:00 thleng emaw a tul dan ang zela tihdanglam theih turin** COVID-19 inkaihhruaina Order ka chhuah e:

A. VACCINATION

Mipui vantlang kan lo him zawk nan COVID-19 vaccine la la lo zawng zawngte chu Sawrkar-in a thlawna vaccine lakna a ruatah, a hma thei ang bera vaccine la tura ngen leh beisei an ni.

B. MAMIT DISTRICT CHHUNGA INKAIHHRUAINA ZAWM TURTE:

1. State dang atanga Mamit District lo lut turte chu mPass-ah an in register ngei ngei tur a ni a, Sorkar-in Entry point a siam atang chauhin an lo lut tur a ni.
2. Lirtheiah registration-a seating capacity tarlan bak chuan phal a ni lo. Lirthei khalhtute leh an phurh ten mask/hmai tuamna an vuah vek tur a ni a, passenger-te hman tur hand sanitizer an pai reng bawk tur a ni.
3. Hemi hunchhung hian eizawna leh tul bik thil ni lova veivah leh inlenpawh loh hram hram tur a ni a. Tul bik thila pawn chhuak tur reng reng chuan face mask leh hmanraw dang hmangin hmai an tuam ngei ngei tur a ni. COVID-19 hrileng tamna veng/khuaah veivah tulna a awm chuan, a theih chen chenah chhungkaw member zinga COVID-19 vaccine la tawhte chauh zel chhuahvah tur a ni.

4. Vantlang hmuna kalte chu feet 6 tala inhlatin an awm tur a ni.
5. Eizawna leh hmasawna hnathawh chungchangah CAB (Annexure-I) uluk taka zawm chungin kalpui tur a ni.
6. District Magistrate, Mamit District in Section 144 CrPc hmanga zandar 9:00 pm atanga zing dar 4:00 am inkar pawn chhuah khapna (curfew) a puan chu zawm ngei tur a ni.
7. **Kristiante hunpui - Krismas, 2021 leh Kumthar, 2022 kan hmannaah Covid-19 hripui a darh loh nan theihtawpa tan lak leh zual a ngai a. Heng hunpui boruakah hian inkhuahkhirhna thupek kalpui chungchangah VLTF ten an khua/veng chhung theuhvah COVID-19 do nana an hmalaknate thahnem ngai taka chhunzawm zelin mipui punkhawmna hmun hrang hrangah leh bazar thlengin Covid Appropriate Behaviour (CAB) tha taka an zawm theih nan hma an la chhunzawm zel ang.**

C. QUARANTINE LEH ISOLATION CHUNGCHANG:

Quarantine leh isolation chungchang chu H&FW Department-in inkaihhraina siam anga kalpui tur a ni.

D. MIZORAM PAWN ATANGA MAMIT DISTRICT A LO LUT TURTE CHUNGCHANG

India ram pawn leh state dang atanga Mamit District lo lut tur reng reng chu Health & Family Welfare (H&FW) inkaihhraina siam angin Mizoram an lo luhna via Mamit district (point of entry) ah uluk taka screening tih tur a ni a. A tul dang a zirin RAgT hmanga endik an ni ang. Entry poin a screening testing leh quarantine fel taka ruahman a nih theih nan mCovid-19 mobile application mPass flight emaw, mPass road hmangin an in register lawk vek tur a ni. RAgT positive te chu enkalw dan tur dinglai (protocol) angin enkawl zui tur an ni. Hetiang hian Mizoram atanga zin chuak lo haw leh te pawh endik vek an ni ang. Home Quarantine dil duh te tan online in <http://mccovid-19.mizoram.gov.in> -ah dil lawk tur a ni.

1. State pawn atanga thlawhna emaw lirthi hmanga lo lut turte hian VLTF hriatpuina lak kher a ngai lo ang. Mizoram an lo luhna tana mPass-a an in register na chu an thlenna tur (destination) thlen nan pass angin an hmang thei ang a, hmun dang kal kual/tlawh kual nan mPass chu hman phal a ni lo. Amaherawhchu, an thlen hmian an veng/ khua VLTF te hnenah an inhriattir lawk tur a ni.
2. Entry point testing leh Quarantine chungchanga inkaihhraina Ministry of Health & Family Welfare, Govt. of India in a siam ang zulzui a Mizoram sorkar Health & Family Welfare (H&FW) in inkaihhraina a siam chu zawm tur a ni.

E. BUNGRAW CHAWKLUH LEH THIAH CHUNGCHANG

- 1) State pawn atanga bungraw lakluh nan phalna hranpa lak ngai lovin lakluh theih a ni ang. Amaherawhchu, mCOVID-19-ah an in-register vek tur a ni.
- 2) Bungraw lak luh phurtute (driver leh handyman) hi entry point-ah uluk taka screening neih chhonzawm zel tur a ni ang. Tin, bungraw phur motor-ah reng reng midang (passenger) an chuang tur a ni lo.
- 3) State pawn atanga bungraw lakluh phurtute (driver leh handyman) te chu an kalphung pangngai angin khaw dâiah anmahniin eirawng an inbawl chawp ang a, khaw chhungah midang nen inchiahpiah lovin an bungrua an unload zawh veleh an let leh nghal ang. An bungrua unload chhungin midangte atanga feet ruk (6) tala hlaah an awm tur a ni.
- 4) State pawn atanga bungraw lakluh phurtute (driver leh handyman) te chu backload lak tur zawngin Mizoram hmun dangah an kal kual tur a ni lo.
- 5) Mamit District chhungah Mizoram-a bungraw awmsa emaw siamchhuah/tharte thiar chungchangah inkhuahkhirhna a awm lovang.
- 6) Public Distribution System (PDS) hnuai a ration dawr/retailer-a pek chhuah tur buhfai, chini leh khawnvartui phur motor te chu FCS&CA Department in Delivery Order/Despatch Challan a pek chhuah, la nung mek an ken chuan phalna hranpa ngai lovin District chhungah bungrua an thiar thei ang.
- 7) A chungah tarlan driver leh handyman-te hian kawng laka harsatna an tawh thulhah State Control Room (Toll free 1070, landline 0389-2342520, mobile 7628072785 and whatsapp 9366331931) leh COVID-19 (Medical) helpline number (Toll free 102, landline 0389- 2323336, 0389-2322336 leh 0389-2318336)-ah telephone-in an harsatnate an thlen thei ang. Heng number-te hi motor lo lut driver leh handyman ten awlsam taka an hmuh mai theih turin Screening Point-ah langsar deuhva tar tur a ni.

F. PHALNA NENA KALPUI TUR THILA INKHUAHKHIRHNATE

Inkhuahkhirh hun chhung atan hian Mamit District chhunga hna leh hmalakna (activities) kalpui phalte chu Annexure-II ah tarlan a ni a. Phalna neia kalpuiah hengte hi zawm ngei tur a ni:

- 1) Dawr nghaktu leh hnathawktu ten face mask in hmai an tuam ngei ngei tur a ni a, an dawr/hnathawhna hmunah hand sanitizer an chhawp bawk tur a ni.

- 2) Thlai/chawhmeh bazar kalte thawl tak leh midang nena inhnaih lova an bazar theih nan chawhmeh zuartute thutna inkarah feet 6 tal hmun awl an zuah zel tur a ni.
- 3) Annexure-II a Office/dawr/sumdawna, adt. hawn phalte hian an inhawn theih hun chhung bitukte hi tha takin an zawm tur a ni.
- 4) Commercial passenger vehicle (bus, taxi, maxicab leh dangte) te chuan an motor-ah hand sanitizer an pai reng tur a ni a, Driver leh passenger ten face mask an vuah ngei bawk tur a ni. Tin, seating capacity aia tam chuan phal a ni lo.

G. SAWRKAR OFFICE

Mamit District chhunga Mizoram Sawrkar hnuaia office te chu **Annexure-II** a tarlan angin an kal ang.

H. COVID APPROPRIATE BEHAVIOUR (CAB):

Covid-19 hri laka kan himna tur atan mitinin tih tur pawimawh tak kan nei theuh va. Chung tih tur leh zawm tur CAB te chu Annexure-I-ah tarlan a ni a, mitinin zawm theuh tur a ni.

I. VENG/KHAW BIL INKHUAHKHIRHNA

- 1) He order/inkaihhrainain a huam baka veng/khaw bil bik tana inkhuahkhirhna khauh zawk neih tul tihna a awm chuan, a chhan leh vang chiang taka ziakin VLTF ten Deputy Commissioner, Mamit District hnenah rawtna an siam thei ang.
- 2) VLTF ten he Order-ina inkhuahkhirhna a siam bak pelin anmahni thuin veng / khaw bil inkhuahkhirhna hranpa curfew / lockdown / Containment Area / Restricted Area an puang tur a ni lo.
- 3) Kawngpui in a paltlang khua ten an khaw kaltlanga khaw danga kal tur zin veivakte leh an lirthei an dang tur a ni lo.

J. ZIRNA IN LEH ANGANWADI

Mamit District chhunga Zirna in leh Anganwadi kal dan tur chungchang chu Annexure-II ah tarlan a ni.

K. SAKHAW BIAK IN-A INKHAWM LEH INKHAWMPUI CHUNGCHANG

Mamit District chhunga Sakhaw Biak Ina inkhawm leh inkhawmpui chungchang chu Annexure-II ah tarlan a ni.

He thupek zawm lote chu Disaster Management Act 2005, Sec 51 atanga 60 leh The Mizoram (Containment & Prevention of the Spread of Covid-19) Act, 2020 leh IPC Section 188 hmangin hrem theih an ni.



(Dr. LALROZAMA)

Deputy Commissioner/ Chairman,
District Disaster Management Authority,
Mamit District : Mizoram

Memo No.F.11014/1/2021-DC(M)/Covid-19/PR/Vol-II:Mamit, the 1st Dec., 2021.

Copy to :

- 1. Sr.PPS to Chief Secretary, Govt. of Mizoram.*
- 2. Secretary to the Govt of Mizoram, Home/DM&R Department.*
- 3. Superintendent of Police, Mamit District a tul anga hma lo la turin.*
- 4. Chief Medical Officer, Mamit District a tul anga hma lo la turin.*
- 5. SDO (C) Kawrthah/West Phaileng a tul anga hma lo la turin.*
- 6. BDO Reiek/West Phaileng/Zawlnuam a tul anga hma lo la turin.*
- 7. DIPRO, Mamit District zau thei ang bera lo puangzar turin.*
- 8. DIO, NIC Mamit district website a lo upload turin.*
- 9. All Chairman, VLTF Mamit District a tul anga hma lo la turin leh lo puangzar turin.*



Deputy Commissioner / Chairman,
District Disaster Management Authority,
Mamit District : Mizoram

COVID APPROPRIATE BEHAVIOUR (CAB)

COVID-19 laka him tlanna tura kan zawm tur nunphung tha te:

- 1. Intawk kher lovin in chibai thin tawh ila.*
- 2. Khawiah pawh inhnaihchilh lova feet 6 tal inkarhlat a awm zel nise.*
- 3. Hmaituamna hmanga hmui-hmai tuam reng nise.*
- 4. Mit, Hnar leh Ka te khawih loh tur a ni.*
- 5. Respiratory Hygiene vawng la - Khuh leh hahchhiau in hmai hup/tuam rawh.*
- 6. A khat tawkin sahbawn nen fai taka kut sil fo tur a ni.*
- 7. Khawih fo thin hmunhmate tih thianghlim fo thin tur a ni.*
- 8. Chil chhak/pik mai mai loh tur a ni.*
- 9. Tul tak lovah zin/veivah pumpelh rawh.*
- 10. Mi tute mah thlei hrang lo la, Covid-19 vei te thinhrik suh.*
- 11. Mipui punkhawmna pumpelh la, hri lakah him rawh.*
- 12. Social media-a thu veivak nazawng, a dik tih fiah lovin thehdarh ve ngawt suh.*
- 13. Covid-19 lam hawi thu Sawrkara mawhphurtute hnen atanga chhuak ani em tih ngaichang hmasa thin rawh.*
- 14. Hriat duh leh mamawh reng reng chu National Help Line 1075-ah emaw State Helpline 1070-ah emaw Health Department Helpline 102-ah zawtfiah thin ang che.*
- 15. Hripui leng vanga rilru thlabar/phili/chiai te tan rilru lama mithiam rawn ang che.*

ANNEXURE-II

S/No	Activities	Inkaihhraina kalpui dan tur
1	i. Zirna in leh Anganwadi	1. Class X leh XII board exam turte chu School Education Department thuchhuak angin CAB tha taka zawm chungin school leh hostel hawn phal a ni. Hemi atana hman tur SOP chu School Education Department-in a ruahman chu zawm tur a ni. 2. Zirna in dangte leh Anganwadi chu Covid-19 hrivei awm lohna khuaah DC phalna la in School/ Anganwadi hawn phal a ni.
	ii. Training Institute	A hmuna leng zat chanve (50% seating capacity) luah khatin hawn phal a ni.
2	Board Exam, recruitment exam, adt.	CAB uluk taka zawm chungin neih phal a ni.
3	Sakhaw Biak In leh Inkhawm	1. CAB khauh taka zawm chungin chhun leh zanah Biak In-a leng zat chanve (50% seating capacity) aia tam lovin Kohhran Inkhawm pangngai neih phal a ni a, zing leh tlai tawngtai inkhawm pawh phal a ni. Inkhawmnaah ei leh in sem phal a ni lo. 2. Kohhran Inkhawmpui chhun lamah neih phal a ni. a) Inkhawmpui neihna hmun Biak In-a leng zat chanve (50% seating capacity) tel phal a ni. b) COVID-19 symptoms neite chu Inkhawmpuiah hian tel loh tur a ni. c) CAB khauh taka kenkawh leh zawm tur a ni. A thlengtu kohhran-in phungbawm sawmin CAB/SOP Implementation Committee an din ang. d) Inkhawmpui-ah hian natna benvawn nei leh kum upa hriselna chak tawh lote a theih chin chinah awl ni se. e) Ruai buatsaih loh tur a ni. f) Kohhran inkhawmpui puipa leh palaite chuan movement pass atan an I.D. card/badge/ruatna lehkha an hmang thei ang. Tuna kan dinhmunah hian Pathian biak inkhawm, Kohhran Programme dang leh puipunna reng rengah- a) Hmunhma zawh tawk zatve (50% of Seat capacity) pela mipui punkhawm a la him rih lo;

		<p>b) Ei leh in sem leh ruai theh mup mup a la him rih lo va, buatsaih loh ni se.</p> <p>c) Hmai tuam that hle tur a ni;</p> <p>d) Kut tihthianghlimna hman uluk reng tur a ni;</p> <p>e) Mask vuah lova thusawi leh zai a him lo a. Tang taka kan tawng emaw kan zai hian aerosol (chilper sin tak, boruaka chambang rei si) kan puh chhuak a. Kha aerosol kha hma zawn Feet 4 zen zawn (1.3 metres) thleng kan puh chhuak thei a. Tha taka mask kan hren chuan hma lama aerosol chhuak tur chu kamsir/biang lamah emaw lu lamahte mask chuan a lo dang per a, a leng thui lo baw a ni. Kan lo positive a nih pawhin, mask tlanglawn (face mask) chauh pawh uluk taka kan hren chuan kan chil per atanga midang kan va kaichhawng tur hi 86% lain a veng a ni. Chuvangin, midang hnaiha thusawi lai leh zai lain uluk takin mask/ hmai tuamna vuah thin tur a ni.</p>
4	Inneih inkhawm leh Mitthi Vuina	<p>Phal a ni.</p> <p>Inkhawm neihna hmuna leng zat chanve (50% seating capacity) emaw mi 50 aia tam lo (a tlem zawk zawk) Zai bakah ei leh in sem phal a ni lo.</p>
5	i. Picnic spot	<p>Hawn phal a ni.</p> <p>CAB uluk taka zawm chungin hawn phal a ni. Amaherawhchu, tum khatah mi 50 aia tam punkhawm phal a ni lo.</p>
	ii. Movie Theatre	<p>Pawl leh Kohhran in emaw sum siamna atana Movie, Film chhuah tur reng reng chuan a hmun a leng zat chanve (50% capacity) ai tam loin huaihawt phal a ni.</p>
6	Public park	<p>CAB uluk taka zawm chungin hawn phal a ni.</p>
7	Sports practice (indoor & outdoor)	<p>Phal a ni. Indoor-ah mi 20 aia tam lo leh outdoor-ah mi 50 aia tam lo.</p> <p>Zing lamah dar 5:00 am – 9:00 am inkarah</p> <p>Tlai lamah dar 1:00 pm – 5:00 pm</p> <p>Sports practice-ah COVID-19 symptom neite an tel tur a ni lo.</p>

8	Zing/Tlai walking leh cycling exercise	Phal a ni.
9	Sports inelna, tournament, adt. (indoor & outdoor)	Entu awm lovin phal a ni. Event neihna hmuna leng zat chanve (50% capacity) emaw mi 50 aia tam lo (a tlem zawk zawk) tum khata punkhawm phal a ni.
10	Gym	Phal a ni. A hnuai inkaihhraina hi khauh takin an zawm tur a ni. <ol style="list-style-type: none"> 1. Gym equipment te hi midangin an hman dawn apiangin an sanitize zel tur a ni. 2. Gym capacity 50% aia tam tum khatah workout loh tur a ni. 3. Mahni hman tur towel, bottle, shaker leh mamawh thil dangte mahni a inken tur a ni. 4. Social distancing tha taka zawm tur a ni.
11	Mipui punkhawm anniversary, birthday, adt.	Punkhawmna tur veng VLTF te remtihna nei tan phal a ni. Punkhawmna hmuna leng zat chanve (50% seating capacity) emaw mi 50 aia tam lo (a tlem zawk zawk). Ruai buatsaih phal a ni lo.
12	A huhova pawn chhuah (Lui kal, trekking, hiking, adventure, sports, picnic adt.)	CAB uluk taka zawm chungin phal a ni.
13	Construction works (mimal leh sawrkar hnathawh)	CAB uluk taka zawm chungin thawh phal a ni.
14	MGNREGA, MPLAD, MLALAD	CAB uluk taka zawm chungin thawh phal a ni.
15	Quarry, kawng laih, lei dawh, adt.	Phal a ni
16	Huan, lo, sangha dil, ran vulh, adt	Phal a ni
17	Hospital, nursing home, clinic, laboratory, Blood donation leh blood bank	Phal a ni

18	Child and women helpline service, OST center, OSC, ART centre	Phal a ni
19	Nau pai, nausen pawmlai leh naupang te hnena nutrition(chaw tha) sem bakah nutrition sem tur godown atanga phurh chhuah leh sem darh.	Phal a ni
20	COVID-19 vaccination leh immunization programme dangte, ambulance service.	Phal a ni
21	Animal disease control programme, Veterinary hospital, dispensary, clinic, AI, Zoo, hatchery, Feed mill/Ran chaw leh Slaughter House	Phal a ni
22	Bank, Non-banking financial institutions, insurance, ATM, post office leh postal services	Phal a ni
23	Petrol/Diesel filling station leh LPG distribution/ godown	Phal ani.
24	Dawr bungrua leh zawrh thil dahkhawmna/ godown	Phal a ni
25	i. FCS&CA Deptt./FCI hnuaia godown	Phal a ni
	ii. Fair Price Shop (ration dawr)	FPS (ration dawr) te chu VLTF ten ruahmanna an siam angin hawn a ni ang.
26	Bawnghnute sem leh lakkhawm, chanchinbu sem	Phal a ni

27	Print & electronic media, tele-communication, internet service, broadcasting leh cable service	Phal a ni
28	Sanitation & solid waste Management hmunphiat leh bawlhhlawh paih te huamin),septic tank service (ek paih)	Phal a ni
29	PWD, P&E leh PHE hnuaia operation & maintenance hna leh mimal tui chawite	Phal a ni.
30	Bungraw load leh unload hna	VLTF te hriattir chungin phal a ni. .
31	Kawng laka lirthei chhia siamtute. (Hei hian automobile dealer leh workshop hnathawkte a huam ang).	Phal a ni
32	Courier service, e-commerce leh home delivery. State pawn leh State chhunga dawrkai leh sumdawngte bungrua, State chhunga thar/siam chhuah tiamin, online emaw phone hmanga order lawk sa te pek (home delivery) leh e-commerce	Phal a ni. Dawr leh sumdawanna te hi a tam thei ang ber online service leh home delivery kalpui tura beisei an ni.
33	Ina thil siam (home based industry) - carpentry, steel fabrication, bakery, puan thui, puan tahna, adt.	Phal a ni.

34	Damdawi Dawr	Hawn phal a ni.
35	Hawkers stall	Hawn phal a ni.
36	Thlai chi/ thlai tiak leh Agriculture/Horticulture Kaihhnawih bungraw zawrhna	Hawn phal a ni.
37	Tourist Lodge, Hotel, Homestay leh khualbuk dangte	Hawn phal a ni.
38	Restaurants	Hawn phal a ni. A hmuna leng zat chanve (50% seating capacity) chin phal a ni.
39	Eichawp dawr	Hawn phal a ni.
40	Bazar leh Dawr	Nitin
41	Mizoram Sawrkar Office-te	A pangngaia kal tur a ni.
42	Office dangte	Central Sawrkar office te chu a pangngaiin an kal ang.
43	District Court leh Judiciary	A pangngaiin an kal thei ang
44	Kohhran/sakhaw hrang hrang office	A pangngaiin an kal thei ang
45	Private company/ office - Consultancy services, adt.	A pangngaiin an kal thei ang.

State Level Expert Team on Covid-19 Management (SLETOCOM) recommendation

State Level Expert Team on Covid-19 Management (SLETOCOM) chuan a hnuai tarlan ang hian recommendation a siam:

1. World Health Organisation (WHO) warning Level-4 kan la ni : World Health Organisation (WHO) in Transmission Thresholds (Hri kaidarh tam lam tehfung) a siam level hrang hrang- Level-I (Low risk), Level – 2 (Medium risk), Level -3 (High risk) leh Level-4 (Extreme risk) ah pawh Mizoram chu Level-4 (Extreme risk) ah kan la awm a, District mal te tea teh pawhin Level-4 ah vek kan awm a ni.

2. Level-4 (Extreme risk) kan nihbate:

WHO Tehfung – Warning Level-4		Mizoram pum dinhmun (November 24, 2021)
Kar khat chhunga mipui maktaduai khat zel a positive awm zat.	Case 500 emaw a aia tam	2,221
Kar tina za zela case pun dan	100% emaw a aia sang	21% in a kiam
Kar tina laka Test Positivity Rate	5% emaw a aia sang	15%
<i>Heng tehfung 3 zinga pakhat chauh pawh kan dinhmunin a pelh chuan Warning Level-4, Extreme risk dinhmunah kan la ding a ni. Hei hian, Mizoramah Covid-19 hri a la hluar hle a ni tih a entir.</i>		