

**No.F.11014/1/2021-DC(M)/Covid-19/PR/Vol-II**  
**OFFICE OF THE DEPUTY COMMISSIONER**  
**MAMIT DISTRICT : MIZORAM**

Mamit the 29<sup>th</sup> October, 2021.

**ORDER**

COVID-19 darh zel tur venna atana ni 30.10.2021 thlenga hman tur COVID-19 inkaihhraina he office in a lo chhuah tawh vide even no dt. 2.10.2021 chu a lo tawp dawn ta a;

Mamit District chhunga COVID-19 darh dan leh mipui zinga hri kai thar awm dan thlirin inkaihhraina kalpui mek leh hri kaite enkawl kawnga hmalakna chhonzawm zel a tul a. Chuvangin, COVID-19 hripui laka kan him theih nan leh mipui ten eizawna kawng an zawh zel theih nan COVID-19 Appropriate Behaviour (CAB) tha taka zawm chungin inkaihhraina kan hman mek chu tidanglam kalpui chhonzawm zel a tul a;

Chuvangin, kei Dr. Lalrozama, Deputy Commissioner, Mamit District hian hnuaia mi ang hian ni **31.10.2021 atanga ni 30.11.2021 zanlai dar 12:00 thleng emaw a tul dan ang zela tihdanglam theih turin** COVID-19 inkaihhraina Order ka chhuah e:

**A. VACCINATION**

Mipui vantlang kan lo him zawk nan COVID-19 vaccine la la lo zawng zawngte chu Sawrkar-in a thlawna vaccine lakna a ruatahte, a hma thei ang bera vaccine la tura ngen leh beisei an ni.

**B. MAMIT DISTRICT CHHUNGA INKAIHHRUAINA ZAWM TURTE:**

1. State dang atanga Mamit District lo lut turte chu mPass-ah an in register ngei ngei tur a ni a, Sorkar-in Entry point a siam atang chauhin an lo lut tur a ni.
2. Chhiat tawh, dam loh leh tul bik thila zin veivah tul tan an awmna VLTF te hriatpuina lehkha kengin an zin veivak thei ang. Hetiang hriatpuina lehkha neite zin nan hian mimal lirthei leh Mizoram chhung khaw kar kawnga passenger phur lirthei (commercial passenger vehicle) te hman phal a ni.
3. Sorkar hna (Official Duty)-a sorkar hnathawk zin veivak tur ten VLTF phalna lak a ngai lo vang. Amaherawhchu, an identity card leh transfer order/detailment order Police/ VLTF te enfiah turin an keng ngei tur a ni.
4. Lirtheiah registration-a seating capacity tarlan bak chuan phal a ni lo. Lirthei khalhtute leh an phurh ten mask/hmai tuamna an vuh vek tur a ni a, passenger-te hman tur hand sanitizer an pai reng bawh tur a ni.

5. Hemi hun chhung hian eizawna leh tul bik thil ni lova veivah leh inlenpawh khap tlat a ni. Office kai tur leh phalna neite bak chu tumahin mahni in/compound an chhuahsan tur a ni lova, building khata in hrang hrang luahte pawh intlawhpawh loh tur a ni.
6. Tul bik thila pawn chhuak tur reng reng chuan face mask leh hmanraw dang hmangin hmai an tuam ngei ngei tur a ni. COVID-19 hrileng tamna veng/khuaah veivah tulna a awm chuan, a theih chen chenah chhungkaw member zinga COVID-19 vaccine la tawhte chauh zel chhuahvah tur a ni.
7. Vantlang hmuna kalte chu feet 6 tala inhlat a awm tur a ni.
8. Eizawna leh hmasawna hnathawh chungchangah CAB uluk taka zawm chungin kalpui tur a ni.
9. He inkhuahkhirhna thupek kalpui chungchangah hian VLTF ten an khua/veng chhung theuhvah COVID-19 do nana an hmalaknate an chhunzawm zel ang.

### **C. QUARANTINE LEH ISOLATION CHUNGCHANG:**

Quarantine leh isolation chungchang chu H&FW Department-in inkaihhraina siam anga kalpui tur a ni.

### **D. BUNGRUW CHAWKLUH LEH THUAR CHUNGCHANG**

- 1) State pawn atanga bungraw lakluh nan phalna hranpa lak ngai lovin lakluh theih a ni ang. Amaherawhchu, mCOVID-19-ah an in-register vek tur a ni.
- 2) Bungraw lak luh phurtute (driver leh handyman) hi entry point-ah uluk taka screening neih chhunzawm zel tur a ni ang. Tin, bungraw phur motor-ah reng reng midang (passenger) an chuang tur a ni lo.
- 3) State pawn atanga bungraw lakluh phurtute (driver leh handyman) te chu an kalphung pangngai angin khaw dâiah anmahniin eirawng an inbawl chawp ang a, khaw chhungah midang nen inchiahpiah lovin an bungrua an unload zawh veleh an let leh nghal ang. An bungrua unload chhungin midangte atanga feet ruk (6) tala hlaah an awm tur a ni.
- 4) State pawn atanga bungraw lakluh phurtute (driver leh handyman) te chu backload lak tur zawngin Mizoram hmun dangah an kal kual tur a ni lo.
- 5) Bungrua lalut tur reng rengin bungraw thlen hmian an veng/khua VLTF-te hnenah an hriattir zel tur a ni a. VLTF-ten a tul angin ruahmanna an siam thin ang.

- 6) Mamit District chhungah Mizoram-a bungraw awmsa emaw siamchhuah/tharte thiar chungchangah inkhuahkhirhna a awm lovang.
- 7) Public Distribution System (PDS) hnuaia ration dawr/retailer-a pek chhuah tur buhfai, chini leh khawnvartui phur motor te chu FCS&CA Department in Delivery Order/Despatch Challan a pek chhuah, la nung mek an ken chuan phalna hranpa ngai lovin District chhungah bungrua an thiar thei ang.
- 8) A chungah tarlan driver leh handyman-te hian kawng laka harsatna an tawh thulhah State Control Room (Toll free 1070, landline 0389-2342520, mobile 7628072785 and whatsapp 9366331931) leh COVID-19 (Medical) helpline number (Toll free 102, landline 0389- 2323336, 0389-2322336 leh 0389-2318336)-ah telephone-in an harsatnate an thlen thei ang. Heng number-te hi motor lo lut driver leh handyman ten awlsam taka an hmuh mai theih turin Screening Point-ah langsar deuhva tar tur a ni.

#### **E. PHALNA NENA KALPUI TUR THILA INKHUAHKHIRHNATE**

Inkhuahkhirh hun chhung atan hian Mamit District chu hmun (category) hnihah then a ni a. Chungte chu 1) District Headquarters leh 2) khaw dang zawngte (others) an ni ang. Heng hmuna hna leh hmalakna (activities) kalpui phalte chu Annexure-II ah tarlan a ni a. Phalna neia kalpuiah hengte hi zawm ngei tur a ni:

- 1) Dawr nghaktu leh hnathawktuten face mask in hmai an tuam ngei ngei tur a ni a, an dawr/hnathawhna hmunah hand sanitizer an chhawp bawk tur a ni.
- 2) Thlai/chawhmeh bazar kalte thawl tak leh midang nena inhnaih lova an bazar theih nan chawhmeh zuartute thutna inkarah feet 6 tal hmun awl an zuah zel tur a ni.
- 3) Annexure-II a Office/dawr/sumdawanna, adt. hawn phalte hian an inhawn theih hun chhung bitukte hi tha takin an zawm tur a ni.
- 4) Commercial passenger vehicle (bus, taxi, maxicab leh dangte) te chuan an motor-ah hand sanitizer an pai reng tur a ni a, Driver leh passenger ten face mask an vuah ngei bawk tur a ni. Tin, seating capacity aia tam chuan phal a ni lo.

#### **F. SAWRKAR OFFICE**

Mamit District chhunga Mizoram Sawrkar hnuaia office te chu **Annexure-II** a tarlan angin an kal ang.

## **G. COVID APPROPRIATE BEHAVIOUR (CAB):**

Covid-19 hri laka kan himna tur atan mitinin tih tur pawimawh tak kan nei theuh va. Chung tih tur leh zawm tur CAB te chu Annexure-I-ah tarlan a ni a, mitinin zawm theuh tur a ni.

## **H. VENG/KHAW BIL INKHUAHKHIRHNA**

1) He order/inkaihhrainain a huam baka veng/khaw bil bik tana inkhuahkhirhna khauh zawk neih tul tihna a awm chuan, a chhan leh vang chiang taka ziakin VLTF ten Deputy Commissioner, Mamit District hnenah rawtna an siam thei ang.

2) VLTF ten he Order-in a inkhuahkhirhna a siam bak pelin anmahni thuin veng / khaw bil inkhuahkhirhna hranpa curfew / lockdown / Containment Area / Restricted Area an puang tur a ni lo.

3) Kawngpui in a paltlang khua ten an khaw kaltlanga khaw danga kal tur zin veivakte leh an lirthei an dang tur a ni lo.

## **I. ZIRNA IN LEH ANGANWADI**

Mamit District chhunga Zirna in leh Anganwadi kal dan tur chungchang chu Annexure-II ah tarlan a ni.

## **J) SAKHAW BIAK IN-A INKHAWM LEH INKHAWMPUI CHUNGCHANG**

Mamit District chhunga Sakhaw Biak Ina inkhawm leh inkhawmpui chungchang chu Annexure-II ah tarlan a ni.



**(Dr. LALROZAMA)**

Deputy Commissioner/ Chairman,  
District Disaster Management Authority,  
Mamit District : Mizoram

*Memo No.F.11014/1/2021-DC(M)/Covid-19/PR/Vol-II:Mamit, the 29<sup>th</sup> Oct, 2021.*  
Copy to :

- 1. Sr.PPS to Chief Secretary, Govt. of Mizoram.*
- 2. Secretary to the Govt of Mizoram, Home/DM&R Department.*
- 3. Superintendent of Police, Mamit District a tul anga hma lo la turin.*
- 4. Chief Medical Officer, Mamit District a tul anga hma lo la turin.*
- 5. SDO (C) Kawrthah/ West Phaileng a tul anga hma lo la turin.*
- 6. BDO Reiek/ West Phaileng/ Zawlnuam a tul anga hma lo la turin.*
- 7. DIPRO, Mamit District zau thei ang bera lo puangzar turin.*
- 8. DIO, NIC Mamit district website a lo upload turin.*
- 9. All Chairman, VLTF Mamit District a tul anga hma lo la turin leh lo puangzar turin.*



Deputy Commissioner / Chairman,  
District Disaster Management Authority,  
Mamit District : Mizoram

## COVID APPROPRIATE BEHAVIOUR (CAB)

*COVID-19 laka him tlanna tura kan zawm tur nunphung tha te:*

- 1. Intawk kher lovin in chibai thin tawh ila.*
- 2. Khawiah pawh inhnaihchilh lova feet 6 tal inkarhlat a awm zel nise.*
- 3. Hmaituamna hmanga hmui-hmai tuam reng nise.*
- 4. Mit, Hnar leh Ka te khawih loh tur a ni.*
- 5. Respiratory Hygiene vawng la - Khuh leh hahchhiau in hmai hup/tuam rawh.*
- 6. A khat tawkin sahbawn nen fai taka kut sil fo tur a ni.*
- 7. Khawih fo thin hmunhmate tih thianghlim fo thin tur a ni.*
- 8. Chil chhak/pik mai mai loh tur a ni.*
- 9. Tul tak lovah zin/veivah pumpelh rawh.*
- 10. Mi tute mah thlei hrang lo la, Covid-19 vei te thinhrik suh.*
- 11. Mipui punkhawmna pumpelh la, hri lakah him rawh.*
- 12. Social media-a thu veivak nazawng, a dik tih fiah lovin thehdarh ve ngawt suh.*
- 13. Covid-19 lam hawi thu Sawrkara mawhphurtute hnen atanga chhuak ani em tih ngaichang hmasa thin rawh.*
- 14. Hriat duh leh mamawh reng reng chu National Help Line 1075-ah emaw State Helpline 1070-ah emaw Health Department Helpline 102-ah zawtfiah thin ang che.*
- 15. Hripui leng vanga rilru thlabar/phili/chiai te tan rilru lama mithiam rawn ang che.*

**ANNEXURE-II**

<b>S/No</b>	<b>Activities</b>	<b>Mamit khawpui</b>	<b>Mamit khawpui pawn</b>
1	Zirna in, Anganwadi leh Training Institutes	Zirna in leh Anganwadi: Mamit town area ah Covid-19 active case a awm lo a nih chuan DC phalnain hawn phal a ni.  Training Institutes: Covid-19 case awm dan a zirin DC phalnain hawn theih a ni.	Zirna in leh Anganwadi: Covid-19 hri vei awm lohna khuaah DC in phalna a pek te chauh hawn phal a ni.  Training Institutes: Covid-19 case awm dan a zirin DC phalnain hawn theih a ni.
2	Board Exam, recruitment exam, adt.	Sawrkar phalna la tan chauh phal a ni.	Sawrkar phalna la tan chauh phal a ni.
3	Sakhaw Biak In leh Inkhawm	1. CAB khauh taka zawm chungin chhun leh zanaah Biak In-a leng zat chanve (50% seating capacity) aia tam lovin Kohhran Inkhawm pangngai neih phal a ni a, zing leh tlai tawngtai inkhawm pawh phal a ni.  2. Kohhran Inkhawmpui chhun lamah neih phal a ni.  a) Inkhawmpui neihna hmun Biak In-a leng zat chanve (50% seating capacity) tel phal a ni.  b) COVID-19 symptoms neite chu Inkhawmpuiah hian tel loh tur a ni.  c) CAB khauh taka kenkawh leh zawm tur a ni. A thlengtu kohhran-in VLTF te phungbawma sawmin CAB/ SOP Implementation Committee an din ang.	1. CAB khauh taka zawm chungin chhun leh zanaah Biak In-a leng zat chanve (50% seating capacity) aia tam lovin Kohhran Inkhawm pangngai neih phal a ni a, zing leh tlai tawngtai inkhawm pawh phal a ni.  2. Kohhran Inkhawmpui chhun lamah neih phal a ni.  a) Inkhawmpui neihna hmun Biak In-a leng zat chanve (50% seating capacity) tel phal a ni.  b) COVID-19 symptoms neite chu Inkhawmpuiah hian tel loh tur a ni.  c) CAB khauh taka kenkawh leh zawm tur a ni. A thlengtu kohhran-in VLTF te phungbawma sawmin CAB/ SOP Implementation Committee an din ang.

		<p>d) Inkhawmpui-ah hian natna benvawn nei leh kum upa hriselna chak tawh lote a theih chin chinah awl ni se.</p> <p>e) Ruai buatsaih loh tur a ni.</p> <p>f) Kohhran inkhawmpui puipa leh palaite chuan movement pass atan an I.D. card/badge/ruatna lehkha an hmang thei ang.</p> <p>3. Inkhawmna-ah te zai phal a ni lo.</p> <p>4. Inkhawmnaah ei leh in sem phal a ni lo.</p>	<p>d) Inkhawmpui-ah hian natna benvawn nei leh kum upa hriselna chak tawh lote a theih chin chinah awl ni se.</p> <p>e) Ruai buatsaih loh tur a ni.</p> <p>f) Kohhran inkhawmpui puipa leh palaite chuan movement pass atan an I.D. card/badge/ruatna lehkha an hmang thei ang.</p> <p>3. Inkhawmna-ah te zai phal a ni lo.</p> <p>4. Inkhawmnaah ei leh in sem phal a ni lo.</p>
4	Inneih inkhawm leh Mitthi Vuina	<p>Phal a ni.</p> <p>Inkhawm neihna hmuna leng zat chanve (50% seating capacity) emaw mi 50 aia tam lo (a tlem zawk zawk) Zai bakah ei leh in sem phal a ni lo.</p>	<p>Phal a ni.</p> <p>Inkhawm neihna hmuna leng zat chanve (50% seating capacity) emaw mi 50 aia tam lo (a tlem zawk zawk) Zai bakah ei leh in sem phal a ni lo.</p>
5	Picnic spot	<p>Hawn phal a ni.</p> <p>CAB uluk taka zawm chungin hawn phal a ni. Amaherawhchu, tum khatah mi 50 aia tam punkhawm phal a ni lo.</p>	<p>Hawn phal a ni.</p> <p>CAB uluk taka zawm chungin hawn phal a ni. Amaherawhchu, tum khatah mi 50 aia tam punkhawm phal a ni lo.</p>
6	Sports practice (indoor & outdoor)	<p>Phal a ni. Indoor-ah mi 10 aia tam lo leh Outdoor-ah mi 25 aia tam lo.</p> <p>Zing lamah dar 5:00 – 9:00 inkarah Tlai lamah dar 2:00 – 5:00 inkarah</p>	<p>Phal a ni. Indoor-ah mi 10 aia tam lo leh Outdoor-ah mi 25 aia tam lo.</p> <p>Zing lamah dar 5:00 – 9:00 inkarah Tlai lamah dar 2:00 – 5:00 inkarah</p>



7	Zing walking leh cycling exercise	Zing dar 4:00 - 8:00	Zing dar 4:00 - 8:00
8	Sports inelna, tournament, adt. (indoor & outdoor)	Entu awm lovin phal a ni. Event neihna hmuna leng zat chanve (50% capacity) emaw mi 50 aia tam lo (a tlem zawk zawk) tum khata punkhawm phal a ni.	Entu awm lovin phal a ni. Event neihna hmuna leng zat chanve (50% capacity) emaw mi 50 aia tam lo (a tlem zawk zawk) tum khata punkhawm phal a ni.
9	Mipui punkhawm-anniversary, birthday, adt.	Punkhawmna tur khua/veng VLTF te remtihna nei tan phal a ni. Punkhawmna hmuna leng zat chanve (50% seating capacity) emaw mi 50 aia tam lo (a tlem zawk zawk). Ruai buatsaih phal a ni lo.	Punkhawmna tur khua/veng VLTF te remtihna nei tan phal a ni. Punkhawmna hmuna leng zat chanve (50% seating capacity) emaw mi 50 aia tam lo (a tlem zawk zawk). Ruai buatsaih phal a ni lo.
10	A huhova pawn chhuah (Lui kal, trekking, hiking, adventure sports, adt)	CAB uluk taka zawm chungin a huhova mi 20 aia tam lo tan phal a ni.	CAB uluk taka zawm chungin a huhova mi 20 aia tam lo tan phal a ni.
11	Construction works (mimal, leh sawrkar hnathawh), MGNREGA, MPLAD, MLALAD, SIPMIU, adt	Phal a ni	Phal a ni
12	Quarry, tui lak, kawng laih, lei dawh, etc	Phal a ni	Phal a ni
13	Huan, lo, sangha dil, ran vulh, adt.	Phal a ni	Phal a ni
14	Hospital, nursing home, clinic, laboratory, Blood donation leh blood bank	Phal a ni	Phal a ni

15	Covid 19 vaccination leh immunization programme dangte, ambulance service	Phal a ni	Phal a ni
16	Animal disease control programme, Veterinary hospital, dispensary, clinic, zoo, hatchery, Feed mill/Ran chaw leh Slaughter House	Phal a ni	Phal a ni
17	Bank, Non-banking financial institutions, insurance, ATM, post office leh postal services	Phal a ni	Phal a ni
18	Petrol/Diesel filling station leh LPG distribution/ godown	Phal a ni	Phal a ni
19	Fair Price Shop (ration dawr) te leh FCS&CA Department/FCI hnuaia godown	Phal a ni	Phal a ni
20	Child and women helpline service, OST center, OSC, ART centre	Phal a ni	Phal a ni
21	Nau pai, nausen pawmlai leh naupang te hnena nutrition (chaw tha) sem bakah nutrition sem tur godown atanga phurh chhuah leh sem darh	Phal a ni	Phal a ni
22	Bawnghnute sem leh lakkhawm, chanchinbu sem	Phal a ni	Phal a ni

23	Private owned company/office - consultancy services, adt	CAB uluk taka zawm chungin a tlem thei ang ber an kal thei ang.	Nitin hawn phal a ni
24	Private security service	Phal a ni	Phal a ni
25	Print & electronic media, telecommunication, internet service, broadcasting leh cable service	Phal a ni	Phal a ni
26	Sanitation & solid waste management (hmunphiat leh bawlhhlawh pahite huamin), Septic Tank Service (ek pah)	Phal a ni	Phal a ni
27	Power & electricity, water supply (mimal tui chawite huamin)	Phal a ni	Phal a ni
28	Bungraw load leh unload hna	State dang atanga lo kal bungraw phurte chuan zan dar 7:00 atanga zing dar 4:00 inkarah CAB tha taka zawm chungin an bungrua an load/unload tur a ni. A ruaitu (employer) ten I.D an siam sak ang.	VLTF te ruahmanna angin bungrua hi load/unload tur a ni. A ruaitu (employer) ten I.D an siam sak ang.
29	Kawng laka lirthei chhia siamtute. Hei hian automobile dealer leh workshop hnathawkte a huam ang.	Phal a ni. VLTF lehkha/I.D card an keng tur a ni.	Phal a ni. VLTF lehkha/I.D card an keng tur a ni.

30	Courier service, e-commerce leh home delivery. State pawn leh State chhunga dawrkai leh sumdawngte bungrua, State chhunga thar/siam chhuah tiamin, online emaw phone hmanga order lawk sa te pek (home delivery) leh e-commerce/home delivery	Phal a ni. Hemi kaihhnawih hna tul thawk tura an inhawn phal a ni bawk.	Phal a ni. Hemi kaihhnawih hna tul thawk tura an inhawn phal a ni bawk.
31	Ina thil siam (home based industry) - carpentry, steel fabrication, bakery, puan thui, puan tahna, adt.	Phal a ni	Phal a ni
32	Damdawi Dawr	Nitin	Nitin
33	Thlai chi dawr/ thlai tiak dawr	Nitin	Nitin
34	Gym	CAB uluk taka zawm chungin hawn phal a ni. Gym equipment te midangin an hman dawn apiangin an sanitize zel tur a ni. Tum khatah mi 10 aia tam workout loh tur a ni.	CAB uluk taka zawm chungin hawn phal a ni. Gym equipment te midangin an hman dawn apiangin an sanitize zel tur a ni. Tum khatah mi 10 aia tam workout loh tur a ni.
35	Bazar, Dawr leh Restaurants hawn dan	Nitin zing dar 5:00 atanga tlai dar 5:00 thleng hawn theih a ni. Resturant ah te hian a hmuna leng zat chanve (50% seating capacity) chin chawlh phal a ni.	Nitin hawn phal a ni
36	Mamit District chhunga Mizoram Sawrkar Office-te	A pangngaia kal tur a ni.	A pangngaia kal tur a ni.

37	Commercial Vehicles	Nitin tlan phal a ni	Nitin tlan phal a ni
38	Tourist Lodge, Hotel, Homestay leh khualbuk dangte	Mikhual thlen phal a ni a, heng hmuna restaurant erawh chu pawn lam mi tan dawr phal a ni lo.	Mikhual thlen phal a ni a, heng hmuna restaurant erawh chu pawn lam mi tan dawr phal a ni lo.
39	PWD leh PHED hnuaiia operation & maintenance hna te	Phal a ni.	Phal a ni.
40	Horticulture / Agriculture kaihna wih bungraw zawrhna	Nitin	Nitin