

**RURAL DEVELOPMENT AND PANCHAYAT RAJ DEPARTMENT  
GOVERNMENT OF TAMIL NADU**

**INTERNSHIP PROGRAMME ON RURAL COMMUNITY  
SERVICE FOR UNIVERSITY/COLLEGE STUDENTS**

**1. BACKGROUND:**

Tamil Nadu has hundreds of Colleges and Universities in which thousands of Students are enrolled in several streams. Many of them come forward to take up Community Service in rural areas during their vacation period. To enable them to participate in development activities implemented by the Government for the welfare of the rural community, it is proposed to provide an opportunity to those willing students through an Internship Programme.

Improvement of Sanitation facilities has an impact on the overall development on rural communities, as it has a direct bearing on the Socio- Economic and Health indicators. Hence, Government has been giving major thrust to Sanitation and Solid and Liquid Waste Management (SLWM) schemes in its endeavor to achieve and sustain Open Defecation Free (ODF) status and a cleaner environment. Interpersonal Communication, door to door activities and Triggering, involving several stakeholders such as Rural Development and Health departments, Community Based Organizations (CBO), School and College students, are recognized as the most significant tools for attaining behavioral change in the minds of people, in order to achieve and sustain our Sanitation goals.

**2. PROGRAMME IMPLEMENTING AGENCY:**

Sanitation Programmes are implemented by the District Rural Development Agencies (DRDA) in all 31 Districts (Except Chennai) of Tamil Nadu. District Collector is the Chairman of DRDA. Joint Director of Rural Development & Panchayat Raj/Project Director, DRDA assists the District Collector in the implementation of Central and State Government Schemes.

### **3. OBJECTIVES OF STUDENT INTERNSHIP:**

This internship will bridge the need of the students in gaining practical knowledge on the developmental parameters and the Government's requirement of human capital, especially in promoting safe sanitation, to reach wider audience to achieve holistic development.

It is expected that each student would devote at least 60 hours over a period of 2 weeks and carry out specific tasks for improving the sanitation and hygiene in the villages assigned during the internship.

This internship aims at enrolling the student force to work with the rural community for building a lasting system for improving the overall sanitation and hygiene in the village. It will pave way for the better understanding of the working nature of Government setup at District / Block Level and the Village Panchayat. It will provide a basic orientation on the developmental schemes which helps in the transformation of rural landscape, particularly in the field of Sanitation and SLWM, which plays an important role in the improvement of human development indices of the rural community.

### **4. COMPONENTS OF INTERNSHIP:**

#### **a) Enrollment:**

Students can send request for enrollment by formal communication in the enclosed prescribed format through email to [tnrdinternship@gmail.com](mailto:tnrdinternship@gmail.com) and CC to [tnsbmq@gmail.com](mailto:tnsbmq@gmail.com). Minimum of 5 students must be enrolled in the district to get the confirmation. Less than the prescribed number will not be taken into consideration.

#### **b) Duration:**

The duration is for a period of 60 hours/ 2 weeks, between 28<sup>th</sup> May and 28<sup>th</sup> June, 2019 during summer vacation.

### c) Internship Process:

- i. Students enrolled will get confirmation mail from Project Director, DRDA and will be called for an orientation session on a specific date before the internship period starts.
- ii. During the Orientation session, the group will be allotted a village Panchayat and will be assigned to an official in DRDA for reporting. Necessary logistics must be arranged by the students.
- iii. Colleges/Universities may also nominate a faculty who will guide the Student Interns.
- iv. Students will be trained on awareness activities to be undertaken and also will be given a "**Handbook on Sanitation**" for reference for their activities during the initial briefing session at DRDA.

### LIST OF SUGGESTED ACTIVITIES:

Inter Personal Communication (IPC) activities undertaken by the interns can target behavioral change on open defecation, hygiene practices; solid/ liquid waste management among the rural community. Under this, the interns may:

S.NO	Activity	Location	Duration
1	Attending Briefing session / Training prior to field activity (Compulsory)	DRDA Office in the Collectorate Campus of the respective districts	5 hours
2	Promoting Safe Sanitation Practices, Personal Hygiene and Toilet Usage	Community Building (Minimum 50 household members)	3 hours
		Primary / Middle School (One Batch)	2 hours
		Government High/ Higher Secondary School (Two Batches)	4 hours
3	Awareness and interaction on Poor Sanitation, Malnutrition and Worm Infestation and its effect in Children and Pregnant Women / Lactating Mothers	Anganwadi Centre	2 hours

4	Study the quantity of waste water generated in the village and plan a viable solution to manage it	Village Survey	6 hours
5	Door to door visit to promote toilet usage and waste segregation at source	At least 25 Households	2 hours
6	Conduct of School Sanitation Competition in the villages assigned	Panchayat Union / Government school	6 hours
7	Wall Painting portraying Sanitation Messages	Public Buildings	6 hours
8	Demonstration on Solid and Liquid Waste Management	Community Building (Minimum 50 household members)	6 hours
9	Street Plays / Rallies to help spread the Sanitation and Solid and Liquid Waste Management messages	Village Panchayat	6 hours
10	Community Based Monitoring (CBM) Mapping involving the village people to analyze the toilet usage	Community Building (Minimum 75 household members)	6 hours
11	Participating in the mass cleaning activity and tree plantation and watering, involving the community people	Public places	4 hours
12	Setting up of Waste Management and Nutrition garden	At least 6 households for a team of 5 members	6 hours
13	Presentation and submission of Daily/ Consolidated Activity Report by Interns at DRDA after the field activities (Compulsory)	DRDA of respective districts	5 hours

**Note:** (1) Student Interns can take up any activity of their choice and repetition of the same activity is allowed, however, in different Schools/Anganwadis/PHC, etc, in the allotted Village Panchayat.

(2) First and last activities are compulsory and 10 hours will be credited to their account.

(3) Details of the activities mentioned above are given in the Annexure. Interns are also advised to refer to the Handbook for broader understanding of the messages to be communicated to the Community.

### **REPORTING:**

On completion of a minimum of 60 hours of activities, each Student Intern shall submit an Internship Report in the prescribed format with activities undertaken, duly signed by the official assigned at the time of orientation session and Guide/Faculty to the Project Director DRDA. This may be submitted at the time of Presentation of activities as mentioned in Sl.No.13 of the Table above.

### **REWARDS AND RECOGNITION:**

All participants will be given a Participation Certificate on completion of their internship by the Project Director, DRDA, of the respective districts.

The Best Team will be receiving a special recognition from the District Collector.

## ANNEXURE

### DETAILS OF THE ACTIVITIES:

#### 1. Creation of Basic Awareness among Rural Community:

- a) Convey the health and financial benefits of improved sanitation practices, toilet usage and clean environment.
- b) Explain to them about the maintenance of twin pit toilet and also the process of faeces turning to manure.
- c) Tell about retrofitting of minor repairs in a twin pit toilet.
- d) Waste segregation at source like Bio-Degradable and Non-Biodegradable including 3Rs – Reduce, Reuse and Recycle
- e) Importance of soak pits at home for Grey water management can be stressed in the meeting.

#### 2. Awareness to School and Anganwadi Children:

- a) Teach them the "Ten Commandments for a healthy life", Hand washing techniques.
- b) List of bio-degradable and non-bio degradable wastes can be taught to them to inculcate the habit of segregating the waste.
- c) Explain the good hygienic practices to be followed and especially about Menstruation Hygiene Management among adolescent Girls in High/Higher Secondary Schools.

#### 3. Interaction with Pregnant Women/ Lactating Mothers:

- a) Explain them the occurrence and impacts of worm infestation on physical and mental growth of the infants.
- b) Educate them on the causes and consequences of Anaemia, Malnutrition in children, like stunting, etc.
- c) Tell them the importance of potty training to the children.

#### 4. Demonstration of Solid and Liquid Waste Management:

- a) Display Bio-degradable and Non-bio degradable waste and explain why source segregation is necessary.
- b) Exhibit the products that are alternative to plastics.
- c) Tell them how to do composting and set up nutrition garden at home.

#### 5. Community Based Monitoring Mapping (CBM):

- a) It is the mapping done using chart paper and various colour markers such as Green, Blue, Black, Red and Yellow to understand the exact status of toilet availability and usage.

Detailed information regarding Sanitation and Solid and Liquid Waste Management is available in the "**Handbook on Sanitation**".

## ENROLLMENT FORM FOR INTERNSHIP PROGRAMME

1	Name of the Applicant	:	
2	Mobile Number of the Applicant	:	
3	Email	:	
4	Name of the University / College	:	
5	Degree and Discipline	:	
6	Year/ Semester	:	
7	Name of the Faculty Coordinator	:	
8	Mobile Number / Email of the Faculty Coordinator	:	
9	Native District	:	
10	District Applying For	:	
11	Duration of Internship	:	From _____ To _____