

HABA PHI LEIT JINGLEIT HA RI LAJONG NE SHABAR RI

- Wat ktah ia ki khmat, khmut bad shyntur da ki kti bym khuid.
- Haba jyrhoh bad synriah dei ban tap da ka jain ne rumal bad saitkhuid ia ki kti.
- Pyndonkam da ki mask haba phi wan na ki Ri ba don kane ka jingpang.
- Lada phi pyndonkam da ka mask phi dei ban peit ba ka mask kan tap bha ia ka shyntur bad ka khmut.
- Haden ba phi weng ia ka mask sait bha ia ki kti jong phi.



La pynmih ia kane na ka bynta ka jingpyntip ia ki paidbah da ka IDSP, Department of Health and Family Welfare, Government of Meghalaya

KUMNO BAN IALADE NA KA JINGPANG CORONA VIRUS :



Sait khuid ia ki kti jong phi man ka por da ka um bad sabon.

Haba phi jyrhoh ne synriah, tap ne da ia ka shyntur bad khmut da ka rumal ne ka jain.



Hadien ba phi jyrhoh, saitkhuid ia ki kti jong phi da ka um bad sabon.

Wat ktah ia ka shyntur bad ka khmut da ki kti ki bym khuid.

Kiar na ki briew ba don jingshit bad jyrhoh.



La pynmih ia kane na ka bynta ka jingpyntip ia ki paidbah da ka IDSP, Department of Health and Family Welfare, Government of Meghalaya