

KA JINGPLUH KHLAW

Ka jingpluh khlaw ka buh jingma shibun ia u khunbynriew, ki mrad bad ia ka mariang. Ka jingkhluit kaba shyrkhei bad ka jingrang tykhong ka wanrah ia ka jingpluh khlaw. Ka jingpynkhreh lypa ka lah ban pynduna ia ki jingjolor bad p,flait ia ka jingim briew.

Lada don ha iing ne ha jaka trei

KA JINGPYNKHREH

Shwa ba ka jingpluh khlaw kan pur sha iing ne jaka trei jong phi:

- Pynkynriah ia ki bahaiing (bad ki jingri) -- Dei ban pynkynriah nyngkong ia kito ki bym lah ia id ne khh shuh namar ka jingpang ne jingduna ki dkhot met.
- Phong da ki jain kiba iada na ka ding kham lah da ki jain ki bym kem ding.
- Weng ia ki tiar kiba lah ban bthei ne kem ding na iing ban leit buh sha ka jaka ba kham shngain: khap ia ki sanium bad ki dieng ker kiba lah ban kem ding bad pur sha iing.
- Pynkhuid ia ki kyrpong bad ki tnum ioh don ki sla.
- Theh um ia ka tnum bad sad, ki kynroh bad kino kino ki dieng bad sanium kiba don sawdong ka iing ia ki bym lah ban phut ne pynkynriah.
- Khang ban ker ia baroh ki jaka ba lait kum ki jingkhang iit rit, ki tyngier, jingkhang bad jingkhangiit.
- Khang ia ki pyrda, ki pyrda rben lane kino kino ki jingkhangiit ki bym kem ding ban pynduna ia ka jingkhluit.
- Khang ia ki jingkhang kiba don hapoh iing ban pynduna/iada na ka jingrung ka lyer oxygen ka ban pynklang ia ka ding.
- Dei ban pynkynriah ia ki top kiba don ki kynja umphniang kum ka umphniang sharak, diesel, petrol bad kiwei.
- Pyndap um ia ki pung, ki nan bad ki top heh kiba lah ban pyndonkam ha kaba pynlip ia ka ding.
- Pyndap lypa ia ka umphniang petrol, umphniang sharak ia ki pom um.
- Lada phi don ki kali, pynieng kham sha jngai bad khang ia ki iit.
- Khang ia ka jingkhang jong ka jaka set kali.
- Buh ia ki kot donkam ha ka synduk ka bym kem ding, bad buh hajan namar phi lah ban hap phet jaka kyrkieh.

KUMNO BAN LEH

Ha ka por ba pluh ding

LADA KI BOR BA DEI PEIT KI HUKUM BAN KYNRIAH JAKA:

- Pynmeh ia ki light shabar bad pynmeh ia ki light ha man ki kamra namar ka tдем kan pynshitom ia ngi ban iohi.
- Khang khyrdep hynrei wat khang tala ia ki jingkhang haba mih na iing; lada phi khang tala bad ki briew pynlip ding ki donkam ban rung, ki hap ban rung jubor ban tem ia ka ding.
- Plie ia ka radio ban tip ia ki jingpynbna jong ka sorkar.
- Wat phet sha ba don ka ding lane sha ba pur ka ding.

LADA PHI SAHKUT HA IING

- Long jai jai katba ka ding ka sdang ban pur, phet shapoh iing.

- Pynlip ia kino kino ki tiar kiba ing, ki phliah ding lane ka jingrhem shwa ba phin sdang ban niah ia ka kali.

BAN LEH BAD BAN NYM LEH HABA PLUH KHLAW

Ban leh

Iada na ka jingpluh khlaw

- Mar mar pyntip sha ki bor ba dei peit bad sha ka tnat pynlip ding lada don ka jingpluh khlaw.
- Ha ka por ba lah ban pluh, buh lypa hajan ia ka bolsha, ka um bad ka dawai pynlip ding ban khnglad ia ka ding khamtam ha ka por tyrkhong.

Long ba la pynkhreh:

- Tip shaphang ki jingma na ka jingpluh khlaw.
- Saindur lypa ia ki lad phet rieh haba jia ka jingpluh khlaw.
- Wad jingtip ia ki plan pyllait im kiba la buh da ki bor ba dei peit.
- Wad jingtip bad pyntip ia kiwei shaphang kino kino ki jingpynbna ne jingpyntip lyngba ki mobile, email, radio, ki jingmaham na ki TV/ki lad ai jingmaham kiba don ha shnong jong phi lada don ka jingpluh khlaw.
- Da wad jingtip ia ki jinglong ka mariang, ki jingbthah kiba kyrkieh lane ki hukum kynriah jaka.
- Hikai ia ki bahaiing bad ki marjan halor ki plan, kiei kiba dei ban leh bad bym dei ban leh lada don ka jingpluh khlaw.
- Pyrshang lypa kumno ban kynriah ne phet na la iing.
- Hikai ia ki dkhot ka longing ia ka buit jong ka 'sangeh, dem bad tyllum' lada jia ba ki jain ki kem ding.
- Plan palat ia kawei ka lad ka lynti ban phet shwa ban wan ka aiom pluh khlaw.
- Shna ia ka jaka ba shngain ha sawdong ka iing da kaba phut ia ki jingthung/weng ia ki tiar kiba lah ban kem ding da kaba suk.
- Iasyllok bad ki tnat pynlip ding kumno ban pyllait ia ka iing na kaba kem ding.
- Man ka por phi dei ban pynkhuid ia ka tnum bad ki niut.
- Ker ia ki jingkhang, jingkhangiit, ki jaka lait lyer da ki sainar ki bym palat ia ka 1/8 inshi ban iada ia ka jingrung ki phliah ding sha iing lada don ka jingpluh.

Ki buit kumno ban kynriah ne phet rieh

- Lada ai jingmut ban kynriah ne phet rieh, dei ban leh ia kata khlem pynslem.
- Plan lypa ia ka jingphet rieh bad pynbiang lypa ia ka list haba phi kynriah jaka bad ki tiar kiba donkam ha ka por kyrkieh kum ki torchlight, mobile phone bad power bank, battery, pisa, bilor um bad ki tiar sumar haba pang shwa ban wan ka aiom pluh ne kem ding.
- Jied da ki jain bad ki juti kiban iada ialade na ki phliah ding bad ki dpei ding.

- Lada phi don por, shwa ba phin mih na iing bad kam don jingma ia phi, kynshait um ia ka madan, ki kynroh bad ki sad bad weng ia ki tiar ne mar kiba kem ding (umphniang kali, LPG, umphniang sharak, ki tin kynshait dawai, umphniang) kiba don ha iing.
- Khang ia baroh ki jingkhangiit, jingkhang bad kiwei kiba lait lyer.

Ha ka por kem ding ne pluh (lada don hapoh iing):

- Ieng jngai na ki kynroh shabar.
- Khang ia ki jingkhang khlem da khang tala.
- Khang ia ki jingkhangiit, ki iit rung lyer bad kiwei ki jaka kiba lait lyer.
- Pynmeh ia ka bor elektrik ha man ki kamra khnang ban iohi haba tdem.
- Buh hajan ia ka torchlight, mobile phone, ki battery bad ka radio bateri.
- Lum lang shijaka ia ki bahaiing bad ki jingri.
- Ring mynsiem ha syndah ka khyndew, kham lah lyngba ka jain sngem bad kiar na kaba ring mynsiem ia ka tdem.

Ha ka por ba kem ding (lada don shabar):

- Lada phi don hajan surok, dem pyllup ha rud surok lane ha thliew nala bad ialeh ban tap ialade da ka khyndew lane ki tiar kiba lah ban iada ia phi na ka jingkhluit/ding.
- Ring mynsiem ha ka jain sngem haba phi don hapdeng ka tdem kaba rben, bad peit ba phi tap ia ka jain ha shyntur bad khmut khnang ban lait na kaba ring mynsiem ia ka tdem.
- Wad ia ka jaka ba don um kum ka pung lane wah ban dem. Lada ym don um hajan, shu dem pyllup ha ka jaka kaba sah shrah lane ka jaka ba madan bym don jingthung bad tap ia ka met da ka jain jhieh, ka blanket lane khyndew haduh ban da jah ka ding.
- Ring mynsiem ha syndah madan, kham lah ha ka jain sngem, ban lait na jingrung tdem sha ki tor.

Haba leitphai iing

- Leitphai sha iing tang hadien ba ki bor ba dei peit ki pynthikna ba ka la long shngain.
- Da husiar haba rung sha ki bynta kiba la ing bad peit bha ia ka jingkhluit/ki phliah ding/ka jingrhem ding.
- Peit husiar da ki kynta ia ka jingpluh da kaba peit bniah ia ka jingmih tdem, ki phliah ding lane ka jingrhem ha sawdong ka iing, kynthup ia ka tnum, shapoh bad shabar.
- Shondur ia ka jingjulor ki jingdon jingem jong phi.
- Phet mar mar lada phi sma tdem.

Bym dei ban leh

Iada ia ka jingpluh khlaw

- Wat ju ieh ia ka ding khlem da pynlip lut, da peit bniah ia u dpei ding hajan ki jaka ba don jingthung.
- Wat ju ieh/bret na kali ia ki sikret, kyndok, bad kiwei ki kynja ba meh ding ha ki jaka khlaw khlem da pynlip bha ia ki.
- Wat ju ieh kumto ia ki tiar ba lah ban kem ding haba leit kai sha khlaw.
- Kiar na kaba thang bun ha ki jaka khlaw ha ka por lyer.

Ha ka por kem ding:

Lada don shabar

- Phi lah ban lait im haba phi don hapoh iing. Ka lah ban long ba ka ding kan lip shwa ba ka iing kan ingkhong.
- Lada ka jingkhong ka khluit eh ban ktah, wat plie ia ka – ka lah ban don ka ding sha shiliang jong ka jingkhong.

HADIEN BA LA DEP KA JINGJIA

Hadien ba la lip ka jingpluh khlaw:

- Peit bha ia ka tnum bad ka sad.
- Peit sani ia ka iing ioh don ka jingjolor.
- Pynlip ia kano kano ka tiar kaba ing, ba don phliah ding ne rhem ding bad peit biang sa shisien ioh dang don ka tдем bad ka jingrhem ding kaba lah ban meh biang.
- Peit bha ia ki sad bad tyngier ioh don ki phliah ding ne jingrhem ding.
- Ka um kaba ia buh bha ha ki top ne jingdiang ka lah ban donkam bha ha kane ka por.

LADA PHI DON SHABAR IING

- Ka jaka rieh shipor kaba biang eh ka dei ha ka jaka kaba duna ne ym don umphniang ba kem ding; sha lyndet jong ka riat ka dei kaba biang tam, hynrei kiar na ki thliw lane ki jaka ba thliw bha kum ki atoskhana.
- Lada don ka surok hajan, thiah pyllup ha ka thliw kaba don harud lane ha ka jaka ba long lum.
- Lada don ha ki jaka khlaw, wad ka madan ka bym don jingthung ha kaba ym don niut ban kem ding; pynkhuid ia ka umphniang bad dem pyllup haduh ban da jah ka ding.
- Wad ia ki pung, ki nan lane ha kino kino ki jaka ban rieh tad haduh ban da jah ka ding. Wat ju rieh ha ka wah ne wahuid kaba tuid stet.

LADA PHI DON HA KALI:

KUMNO BAN LEH

Leh tang ia kine ki kam harum ha ki khep kiba kyrkieh:

- Phi lah ban lait im na ka jingpluh khlaw lada phi shong beit ha kali – kane ka kham shngain ban ia kaba pyrshang ban phet ne mareh ban lait na ka ding.
- Khang ia ki jingkhong iit bad ki jaka ba lait lyer.
- Niah suki suki da kaba pynmeh ia ki light kali.
- Da husiar bha ia kiwei ki kali bad ki briew kiba ia id kjat.
- Wat ju niah lyngba ka tдем kaba rben – lada phim iohi shakhmat, wat buh jingma ialade.
- Lada donkam ban sangeh, sangeh jngai na ki dieng bad ki sanium, pynmeh ia ka light bad pynlip ia ka enjin.
- Shong ha madan jong ka kali bad tap ialade da ki tiar ka bym kem ding.
- Shong beit ha kali haduh ban da jah ka ding, hynrei wat pynmeh ia ka enjin (ka lah ban sangeh bad kan nym meh shuh).
- Ka tдем bad ki phliah ding ki lah ban rung ha ka kali. Wat sheptieng – ka tank thep umphniang kam ju kham bthei.

HADIEN BA LA DEP KA JINGJIA

Lada phi shong ha kali haduh ban da jah ka ding:

- Peit sani ia ka kali ioh don ka jingjolor.

- Wat ju pyrshang ban phet na ka ding, hynrei phi dei ban peit ia ki jaka ba don um kum ka pung lane ka wah kaba don hajan ban dem pyllup. Lada ym don um, dem pyllup ha ka jaka ba shrah lane ka jaka bym don jingthung bad tap ia ka met da ka jain jhieh, blanket lane khyndew haduh ban da jah ka ding.

Haba leit phai iing

- Wat ju pyndonkam ia ki jingbam kiba la ioh ia ka jingkhluit, ka tdem lane dpei ding.
- Wat ju pyndonkam ia ka um kaba phi thikna ba ka la bit dpei ne bit jaboh.