

Government of Punjab
Department of Health and Family Welfare,
Parivar Kalyan Bhawan, Sec 34-A, Chandigarh

No. IDSP/PB/2020/4816-4881

Date: 14/05/2020 Chandigarh

To
All Deputy Commissioners, Punjab
Senior Superintendents of Police, Punjab
Civil Surgeons, Punjab

Sub: Revised Discharge Policy for COVID-19 patients and quarantine/discharge policy for returnees from other states

A. Revised Discharge Policy

Mild/very mild/ symptomatic/pre-symptomatic/asymptomatic cases can be discharged from isolation health facility without testing, provided they have are asymptomatic (no fever, breathlessness) for more than 3 days. Patient with moderate symptoms are symptoms free and maintain oxygen saturation of more than 95% for 4 days without oxygen support after 10 days of onset of symptoms. They are further advised home isolation for 7 days. Attached SOP is to be followed.

B. Quarantine/Discharge Policy for returnees from other states

Persons returning from other states should be screened for symptoms. Asymptomatic persons may be sent for home quarantine for 14 days. Symptomatic persons should be taken to isolation centers and tested for COVID-19 with RT-PCR. If test negative, can be discharged after symptoms subside. If positive, the revised discharged policy to be followed. Those already in quarantine and are asymptomatic and tested negative for COVID-19 can be sent home with instructions for home quarantine for total of 14 days (facility quarantine already completed +home quarantine). Other returnees, who are asymptomatic, and yet to be tested may be sent for home quarantine for total 14 days (facility quarantine already completed +home quarantine). For those who test positive for COVID-19, revised discharge policy to be followed


Director Health & Family Welfare

No. IDSP/PB/2020/4882-4889

Date: 14/05/2020

Copy:

- 1) PS/ Chief Secretary to Govt. of Punjab.
- 2) PS/ Additional Chief Secretary Home, Punjab.
- 3) PS/ Principal Secretary Health & Family Welfare, Punjab.
- 4) PS/ Secretary Medical Education and Research, Punjab.
- 5) PA/ Mission Director, National Health Mission, Punjab.
- 6) PA/ Managing Director, Punjab Health Systems Corporation, Punjab.
- 7) Director Medical Education & Research, Punjab.
- 8) Director ESI, Punjab.


Director Health & Family Welfare