



OFFICE OF THE CHIEF DISTRICT MEDICAL & PUBLIC
HEALTH OFFICER, KEONJHAR

TENDER CALL NOTICE

RFP No. 1707/

Date. 27.11.2020

Sealed tenders are invited from the reputed eligible registered diet preparation and catering firm/agency to prepare and distribute diet in the District Head Quarter Hospital, Sub-Divisional Hospitals and Community Health Centers of the district of Keonjhar on annual contract basis. The details, Terms and conditions, guidelines etc. including tender paper format can be downloaded from the district web site www.kendujhar.nic.in. The tenders in the prescribed format along with all relevant documents for DHH, Keonjhar should reach the office of the undersigned, for Sub-Divisional Hospital of Champua should reach to the concerned Superintendents and for CHCs should reach to the concerned Medical Officer-in-charge on or before Dt.22.12.2020 at 3.00 P.M. through Regd. Post / Speed Post / Courier only. The envelop should be duly superscribed on top of envelope as "Tender for supply of Diet for DHH/ SDH/ CHCs of Keonjhar District for the year 2020-21". The tender will be opened on Dt.23.12.2020 at 11.00 A.M. The undersigned reserves the right to reject any or all the bids/Tenders without assigning any reason thereof.

Handwritten signature and date: 27/11/2020

Sd/- Dr. Ashok Kumar Dash
Chief District Medical & Public Health Officer
Keonjhar
Public Health Officer, Keonjhar

NOTICE INVITING PROPOSAL

RFP No.:1707

/

Date:27.11.2020

DETAILED PROPOSALS ARE INVITED FROM ELIGIBLE BIDDERS FOR SELECTION OF THE MOST SUITABLE AGENCY FOR SUPPLY OF DIET (DRY, LIQUID, COOKED) TO INDOOR PATIENTS

Schedule of Events:

1	Period of Availability of RFP Document	From 02.12.2020 to Dt.22.12.2020 (Downloadable from website: www.kendujhar.nic.in)
2	Pre-bid Meeting	Date: 08.12.2020, Time: 11AM Address: Office of CDM & PHO, Keonjhar, Odisha
3	Last date for submission Of Proposal	Date: 22.12.2020, Time:3.00 PM Address: <u>Addresses for submission of proposal are mentioned at SECTION 1: SCHEDULE OF PROPOSAL SUBMISSION</u> <i>NB: Proposals must be submitted through Speed post / Registered post / Courier only.</i>
4	Date, time and place of Opening of Proposal and presentation	<u>Opening Date: 23.12.2020, Time:11.00 AM</u> a) <u>Details about date, time and place of opening of Technical Proposal are mentioned at SECTION 1: SCHEDULE OF PROPOSAL SUBMISSION)</u> <i>[Bidders or authorized representative (with valid original authorization letter) may remain present at the time of opening of proposal]</i>

27/11/2020
Chief District Medical &
Public Health Officer, Keonjhar


SECTION 1:
SCHEDULE OF PROPOSAL SUBMISSION

Sl.	RFP. No. & Date	Name of Institutions	Address for Submission of Proposal & Opening of Proposal	Last date & Time of Submission of Proposal	Date & time of Opening of Technical Proposal
	District:Keonjhar				
1	No.-1707, Date. <u>27.11.2020</u>	DHH, Keonjhar	The Chief District Medical & Public Health Officer, Keonjhar, At/ P.O./Dist-Keonjhar, Odisha, PIN-758001.	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
2	No.-1707, Date. <u>27.11.2020</u>	SDH, Champua	The Superintendent, Sub-Divisional Hospital (SDH), Champua, At/ P.O. Champua, Dist.-Keonjhar, Odisha, PIN- 758041,	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
3	No.-1707, Date. <u>27.11.2020</u>	CHC, Barbil	The Medical Officer in charge, Community Health Centre (CHC), Barbil, At/PO-Barbil, Dist-Keonjhar, Odisha, PIN-758035	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
4	No.-1707, Date. <u>27.11.2020</u>	CHC, Basudevpur	The Medical Officer in charge, Community Health Centre (CHC), Basudevpur, At/PO-Basudevpur, Dist-Keonjhar, Odisha, PIN-758047	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
5	No.-1707, Date. <u>27.11.2020</u>	CHC, Bhagamunda	The Medical Officer in charge, Community Health Centre (CHC), Bhagamunda, At/PO-Bhagamunda, Dist-Keonjhar, Odisha, PIN-758080	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.

6	No.- <u>1707</u> , Date. <u>27.11.2020</u>	CHC, Bhanda	The Medical Officer in charge, Community Health Centre (CHC), Bhanda, At/PO-Bhanda, Dist-Keonjhar, Odisha, PIN-758044	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
7	No.- <u>1707</u> , Date. <u>27.11.2020</u>	CHC, Joda	The Medical Officer in charge, Community Health Centre (CHC), Joda, At/PO-Joda, Dist-Keonjhar, Odisha, PIN-758034	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
8	No.- <u>1707</u> , Date. <u>27.11.2020</u>	CHC, Padmapur	The Medical Officer in charge, Community Health Centre (CHC), Padampur, At/PO-Padampur, Dist-Keonjhar, Odisha, PIN-758013	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
9	No.- <u>1707</u> , Date. <u>27.11.2020</u>	CHC, Patna	The Medical Officer in charge, Community Health Centre (CHC), Patna, At/PO-Patna, Dist-Keonjhar, Odisha, PIN-758030	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
10	No.- <u>1707</u> , Date. <u>27.11.2020</u>	CHC, Salania	The Medical Officer in charge, Community Health Centre (CHC), Salania, At/PO-Salania, Dist-Keonjhar, Odisha, PIN-758083	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
11	No.- <u>1707</u> , Date. <u>27.11.2020</u>	CHC, Fakirpur	The Medical Officer in charge, Community Health Centre (CHC), Fakirpur, At/PO-Fakirpur, Dist-Keonjhar, Odisha, PIN-758022	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
12	No.- <u>1707</u> , Date. <u>27.11.2020</u>	CHC, Jhumpura	The Medical Officer in charge, Community Health Centre (CHC), Jhumpura, At/PO-Jhumpura, Dist-	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.

			Keonjhar, Odisha, PIN-758031		
13	No.-1707, Date. <u>27.11.2020</u>	CHC, Telkoi	The Medical Officer in charge, Community Health Centre (CHC), Telkoi, At/PO-Telkoi, Dist-Keonjhar, Odisha, PIN-758019	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.
14	No.-1707, Date. <u>27.11.2020</u>	CHC, Udayapur	The Medical Officer in charge, Community Health Centre (CHC), Udayapur, At/PO-Udayapur, Dist-Keonjhar, Odisha, PIN-758045	Date: 22.12.2020 Time: 3.00pm	Date – 23.12.2020 Time: 11.00 A.M.

[Note: The details of the information are to be filled up depending on the type of institution of Keonjhar district for which the diet service is required.]


**Chief District Medical &
Public Health Officer, Keonjhar**

SECTION 2 :

INSTRUCTIONS TO BIDDERS

2.1 Scope of Proposal

- (a) Interested bidders fulfilling the eligibility criteria may submit their bid *separately for any or all the health institutions of the District. The bids are to be submitted to the respective Institution (s) for which the bidder wants to participate.* Detailed description of the objectives, scope of services, deliverables and other requirements relating to “Provisioning of Diet Services(diet preparation, supply and management) at Govt. Health Institutions” are specified in this RFP. The manner in which the proposal is required to be submitted, evaluated and accepted is explained in this RFP.
- (b) The selection of the Agency shall be on the basis of an evaluation by the tender committee of the concerned Institution, through the Selection Process specified in this RFP. Bidders shall be deemed to have understood and agreed that no explanation or justification for any aspect of the Selection Process will be given and that the decision of Chief District Medical & Public Health Officer, Keonjhar / Superintendent of Sub Divisional Hospital(s)/Medical Officer in charge(s) of the concerned health institution will be final and binding without any right of appeal whatsoever.
- (c) The bidder shall submit its proposal in the form and manner specified in the RFP. Upon selection, the agency shall be required to enter into an Agreement with the CDM & PHO/ Superintendent, SDH, Champua/Medical Officer in charge, CHC, _____ of the concerned health institutions as per the RFP/Bid Document.
- (d) The Tender committee is entitled to issue/float any corrigendum found necessary afterwards relating to tender process. It is the responsibility of the bidder to verify the tender floated in www.kendujhar.nic.in from time to time and to respond accordingly in consultation with the concerned authority.

2.2 Eligibility Criteria

The bidder should fulfill the following Eligibility Criteria

- I. The bidder must be registered in India as a Company / Firm / Society / Trust OR SHG / SHG Federation and must have registration Certificate under relevant Act / Rule of the State or Central Government.
- II. The bidder must have a registered and operating office in Odisha.
- III. The bidder must have minimum 3 years' experience in diet preparation, supply & management (Therapeutic & Non-therapeutic) of diet services in Government Health Institutions / Other Govt. Institutions. The bidder shall furnish the details of the past performance in the required format (Form T5) supported with the work order or contract copies.
- IV. In case of effective SHG / SHG Federation, the Technical committee is to take decision in view of their past experiences (to be furnished in the required format (Form T5) supported with the work order / contract copies) for at least minimum Two-year

experiences for preparation of Diet and supply in any Health / other institutions.

For DHH / SDH: The bidder applying for DHH / SDH must have minimum average annual turnover in diet services of Rs. 1 Crore per year during the last three financial years (2016-17, 2017-18, and 2018-19). In case of effective SHG / SHG Federation, the

- bidder must have minimum average annual turnover in diet services of Rs. 30 Lakhs per year during the last three financial years (2016-17, 2017-18, and 2018-19). For CHC: The bidder applying for CHC must have minimum average annual turnover in diet supply of Rs. 50 Lakhs per year during the last three financial years (2016-17, 2017-18, and 2018-19). In case of SHG / SHG federation, the bidder must have minimum average annual turnover of Rs. 10 Lakhs per year during the last three financial years (2016-17, 2017-18, and 2018-19). The bidder has to furnish the details of their annual turnover in diet supply certified by a chartered accountant in the required format (Form T4) supported by Audit Report / audited Profit / Loss Statement (Tax Audit wherever it is applicable).

- V. The Bidder must have (1) Valid labour registration certificate, (2) PAN, (3) GST registration Certificate, (4) EPF & ESI registration certificate, (5) Income Tax Return for last 3years (2016-17, 2017-18&2018-19), (6) Audit report for last 3years (2016-17, 2017-18 & 2018-19), (7) Food License & (8) Experience.

Note: ISO certification / Food License is not mandatory. However, bidders having ISO certification / food license shall be given additional weightage in the evaluation criteria as mentioned in section 5.

In case of a selected bidder, they will have to furnish the up to date food registration / license (if not having) from the authority on the concerned region within 10 days of issue of notification of award and before signing of contract.

2.3 Proposal Submission

Interested bidders fulfilling the eligibility criteria may submit their bid *separately for any or all the health institutions of the District. The bids are to be submitted to the respective institution (s) for which the bidder wants to participate.* The bidders interested to submit their bids **for more than one institution of district**, can do so by submitting separate bids with EMD, Tender Document Cost & documents as set forth in this RFP **to the respective institutions of the District** through registered post/speed post/courier, the detail address of which is mentioned in **Section 1: Schedule of Proposal Submission.**

The proposal shall be submitted in two parts:

- (1) Part A (*Cover A*) – Tender/Bid Document Cost, EMD as per format set out in RFP.
- (2) Part B (*Cover – B*) - Technical Proposal as per the format set out in RFP.

The Proposal shall be typed or written legibly in indelible ink and shall be signed in full Signature by the bidder at the bottom of every page. Any interlineations or overwriting shall not be allowed. The bid documents shall be neatly typed and erasure(s)/white erasure(s)and/or initial(s) for correcting the words or sentences shall not be allowed. If the bid document is not signed with full signature at the bottom of every page, erasure, white

erases and/or initial(s) for correcting word or sentence(s) are used in the bid, the bids shall be outrightly rejected. It is the responsibility of the bidder to take note of these criteria before submitting the bid.

Note: There is no Financial Proposal to be submitted in the bid, as this is a fixed cost-based tender. Details of the fixed cost (Diet Rate) to be paid **per patient / day** for different types of diet with menu is mentioned at Section 3 – Terms of Reference.

2.4 Bid Document Cost

The bidders shall have to furnish a bid document cost of Rs. 500/- (Five hundred) (non-refundable) in the shape of a Banker's cheques / Demand Draft (for each Institution they want to participate) from any Nationalized / Schedule Bank payable at Keonjhar/ Champua/Barbil/Basudevpur/Bhagamunda/Bhanda/Joda/Padampur/Patna/Salania/Fakirpur/ Jhumpura/Telkoi/Udayapur (name of the Institution for which the bidder want to bid) and in favour of RKS, DHH, Keonjhar//RKS, SDH, Champua/ RKS, CHC, Barbil/ RKS, CHC, Basudevpur/ RKS, CHC, Bhagamunda/ RKS, CHC, Bhanda/ RKS, CHC, Joda/RKS, CHC, Padampur/ RKS, CHC, Patna/RKS, CHC, Salania/ RKS, CHC, Fakirpur/RKS, CHC, Jhumpura/ RKS, CHC, Telkoi/ RKS, CHC, Udayapur (name of the institution for which the bidder want to bid).

In absence of the bid document cost, the technical proposal of the bidder shall be rejected. There is no exemption in submission of bid document cost.

2.5 Earnest Money Deposit (EMD)

The bidder along with the technical proposal shall have to furnish Earnest Money Deposit (EMD) amounting to **Rs. 10,000/-** (Ten Thousand) (refundable) for DHH, Keonjhar / SDH, Champua and **Rs. 5,000/-** (Five Thousand) (refundable) for CHC, Barbil/Basudevpur/Bhagamunda/Bhanda/Joda/Padampur/Patna/Salania/Fakirpur/Jhumpura/Telkoi/Udayapur in the shape of Banker's cheques/ Demand Draft / Fixed Deposit (for **each institution** the bidder wants to participate) from any Nationalized / Schedule Bank in favour of the RKS, DHH, Keonjhar/RKS, SDH, Champua/ RKS, CHC, Barbil/ RKS, CHC, Basudevpur/ RKS, CHC, Bhagamunda/ RKS, CHC, Bhanda/ RKS, CHC, Joda/ RKS, CHC, Padampur/ RKS, CHC, Patna/RKS, CHC, Salania/ RKS, CHC, Fakirpur/RKS, CHC, Jhumpura/ RKS, CHC, Telkoi/ RKS, CHC, Udayapur (the **Institution name** for which the bidder want to submit their proposal) payable at Keonjhar/ Champua/Barbil/Basudevpur/Bhagamunda/Bhanda/Joda/Padampur/Patna/Salania/Fakirpur/ Jhumpura/Telkoi/Udayapur (the **institution name and district** for which the bidder want to submit their proposal).

In absence of the EMD, technical proposal of the bidder shall be rejected. However, as per the Finance Department, Govt. of Odisha office memorandum no. 21926 dated 12.8.2015, the local MSEs (**Micro & Small entrepreneurs**) registered with respective DICs, Khadi, Village, Cottage & Handicraft Industries, OSIC and NSIC are exempted from

submission of EMD while participating in tenders of Govt. Departments and Agencies under its control. It is further clarified that the above exemption is applicable to local MSEs registered in Odisha only. This exemption to the local MSEs shall be applicable if the kind of service as required under this tender enquiry is clearly specified against the details of the service to be provided in their DIC/NSIC registration certificate (to be furnished in the technical bid). (The MSEs certificate issued must include the diet service in their services category as it relates to the diet tender, otherwise the exemption on EMD shall not be allowed and the bid will be out rightly rejected, however the decision of the committee in this respect shall be final and binding).

The EMD shall be returned to unsuccessful bidders within a period of 4 weeks from the date of announcement of the successful bidder.

The EMD shall be forfeited if the bidder withdraws its proposal during the interval between the proposal due date and expiration of the proposal validity period or on in case of successful bidder, if does not execute the agreement.

2.6 Packing, Sealing and Marking of Proposal

- (a) The Tender document cost & EMD (Cover A) and Technical Proposal (Cover B) must be inserted in separate sealed envelopes, along with applicant's name and address in the left-hand corner of the envelope and super scribed in the following manner: -
- Cover – A – Tender Document Cost & EMD for “Supply of Diet (Dry, Liquid, Cooked) to Indoor Patients of _____ (Institution Name), District-Keonjhar”.
 - Cover – B – Technical Proposal for “Supply of Diet (Dry, Liquid, Cooked) to Indoor Patients of _____ (Institution Name), District-Keonjhar”.
- (b) The two envelopes, i.e. envelope for Cover –A, Cover –B must be packed in a separate sealed outer envelope and clearly superscribed with the following: -
- “Tender for supply of Diet for DHH, Keonjhar / SDH, _____ / CHC, _____ (whichever is applicable) for the year 2020-21”.
 - RFP no., _____ (Institution Name), District-Keonjhar must be mentioned on the envelop and inside the bid. The bidder's Name & address shall be mentioned in the left-hand corner of the outer and inner envelope.
- (c) The inner and outer envelopes shall be **addressed** to the **CDM & PHO/ Superintendent/ Medical Officer**(of the concerned health institutions) as per the **detail address** mentioned at the Section -I: Schedule of Proposal Submission.

If the outer envelope is not sealed and marked as mentioned above, then the O/o the CDM & PHO / Superintendent / MO I/C (of the concerned health institution) will assume no responsibility for the tender's misplacement or premature opening. Telex, cable or facsimile tenders will be rejected.

(d) Content of the Proposal

I. Cover A (Tender Document Cost & EMD)

1. EMD of Rs. 10,000 /-(Ten Thousand)(In case of DHH / SDH) and Rs. 5,000/(Five Thousand) (in case of CHC) in the shape of a Demand Draft in favour of RKS, _____ (name of the Institution for which the bidder is interested to bid)

2. Bid document cost of Rs. 500/- (Five hundred) in the shape of a Demand Draft in favour of RKS, _____ (name of the Institution for which the bidder is interested to bid)
3. MSEs certificate (If applicable).

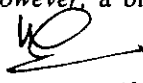
II. Cover B (Technical Proposal)

The bidders are requested to submit a detailed technical proposal with respect to outsourcing of Diet Services (Therapeutic & Non-Therapeutic) for Indoor Patients at Govt. Health Institutions during the proposed contract period in conformity with the Terms of Reference forming part of this RFP.

1. Form T1 (Checklist)
2. Form T2 (Technical Tender Submission Form)
3. Photocopy of the Registration Certificate of the bidder (Certificate of Incorporation)
4. Photocopy of PAN (Income Tax)
5. Photocopy of GST
6. Form T3 (Details of the Bidder)
7. Form T4- Annual average Turnover statement of **Diet services** by the Chartered Accountant (To be furnished in the letter head of the Chartered Accountant) in support of the Audit Report.
8. Photocopy of the audited Profit & Loss Statement/Audit report (**Tax Audit wherever it is applicable**) in the three financial years [2016-17, 2017-18, & 2018-19] (Provisional statement of account shall not be considered)
9. Form T5 – Relevant Experience Details in managing Diet Services in State Govt. / Govt. of India Institutions/ Govt. Hospitals during the last three years (2016-17, 2017-18 & 2018-19). The committee is free to verify the authenticity of the experience certificate/work order from the concerned authority before awarding the contract and reserve the right to reject the proposal if found any wrong information(s) or fabricated documents(s) and decision of the Tender committee in this regard is final and binding.
10. Photocopies of work orders or contracts executed in support of the information furnished in Form T5.
11. Form T6 – Affidavit certifying that the bidder is not blacklisted by any Institution.
12. Food License under FSS Act, 2006 in Form – C
13. ITR (Income Tax Return) for the financial year 2016-17, 2017-18 & 2018-19.
14. Copy of Labour License
15. Copy of EPF & ESI registration Certificate
16. Copy of Quality Certifications: ISO 9001 if any.
17. Any other details, the bidder like to include in the proposal (It is the discretion of the Tender Committee to take into account of the additional document).

2.7 Number of Proposals

Interested bidders fulfilling the eligibility criteria may submit their bid **separately for any or all the health institutions of the District. The bids are to be submitted at the respective institution (s) for which the bidder wants to participate.** However, a bidder is eligible to


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submit **only one proposal for one Institution**, the details of which are mentioned in the Section -1: Schedule of Proposal Submission.

2.8 Validity of Proposals


The Proposal shall remain valid for 180 days after the date of bid opening. Any Proposal, which is valid for a shorter period, shall be rejected as non-responsive.

2.9 Cost of Proposal

The Bidder shall be responsible for all of the costs associated with the preparation of their Proposals and their participation in the Selection Process. The concerned district authority / institution will neither be responsible nor in any way liable for such costs, regardless of the conduct or outcome of the Selection Process.

2.10 Acknowledgement by the bidder

- (a) It shall be deemed that by submitting the Proposal, the bidder has: -
- (i) Made a complete and careful examination of the RFP;
 - (ii) Received all relevant information requested from the concerned District authority / Institution;
 - (iii) Acknowledged and accepted the risk of inadequacy, error or mistake in the information provided in the RFP or furnished by or on behalf of the concerned district authority / Institution relating to any of the matters stated in the RFP Document;
 - (iv) Satisfied itself about all matters, things and information, necessary and required for submitting an informed Proposal and performance of all of its obligations there under;
 - (v) Acknowledged that it does not have a Conflict of Interest, and
 - (vi) Agreed to be bound by the undertaking provided by it under and its terms hereof;
- (b) The concerned district authority / Institution shall not be liable for any omission, mistake or error on the part of the bidder in respect of any of the above or on account of any matter or thing arising out of or concerning or relating to RFP or the Selection Process, including any error or mistake therein or in any information or data given by the concerned district authority.
- (c) Any person other than the bidder himself attending the pre-bid meeting/any other meeting related to the tender process if called from time to time must carry the original authorization letter with the signature of authorized person duly attested by the bidder in their organization letter head failing which the person will not be allowed to participate in the meeting.
- (d) The committee is free to verify the authenticity of the certificates/documents from the concerned authority before awarding the contract. So, the full address, email id and telephone numbers of the concerned institutions where the bidder has given the diet services shall be mentioned in the column of the T5.


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- (e) Any false information submitted in the bid document will be dealt accordingly as per law and if proved the process for blacklisting of the organisation as well as other legal action will be initiated if the committee desire.

2.11. Language

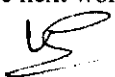
The Proposal with all accompanying documents (the “Documents”) and all communications in relation to or concerning the Selection Process shall be in English language and strictly as per the forms provided in this RFP. No supporting document or printed literature shall be submitted with the Proposal unless specifically asked for and in case any of these Documents is in another language, It must be accompanied by an accurate translation of the relevant passages in English, in which case, for all purposes of interpretation of the Proposal, the translation in English shall prevail.

2.12 Proposal Submission Due Date

RFP filled in all respect must reach O/o the CDM & PHO / Superintendent/ MO I/C of the concerned health Institution at the address, time and date specified in the Section -1: Schedule of Proposal Submission, through Speed Post / Regd. Post / Courier. If the specified date for the submission of RFPs is declared as a holiday, the RFPs will be received up to the stipulated time on the next working day.

2.13 RFP Opening

- (a) The concerned authority of the district / institution in their respective institution will open all Proposals, in the presence of bidders or their authorized representatives who choose to attend, at the location, date and time mentioned in the Section 1: Schedule of Proposal Submission.
- (b) The bidder / their authorized representatives who will be present shall sign a register evidencing their attendance.
- (c) In the event of the specified RFP opening date being declared a holiday, the RFPs shall be opened at the stipulated time and location on the next working day.


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SECTION 3 – TERMS OF REFERENCE

1 3.1 Modalities of Diet Service

1. The successful bidder [also referred here as the agency or outsourced agency] would establish its kitchen setup with all required infrastructure & kitchen equipment and operate from the campus of the concerned health institution. The space and water supply required to setup the kitchen shall be provided by the concerned health institution to facilitate the smooth operation of the agency.
2. The agency would be abided by the cost and quality norms / standards as mentioned in the bid, diet guidelines and communicated to them from time to time by the concerned health institution.
3. The agency would recruit required number of staff for cooking and serving so that diet can be supplied to the in-door patients in time.
4. **The agency must adhere the Labour laws in respect of minimum wages, EPF, ESI and other relevant clauses, failing which action as per rule and blacklisting the agency will be initiated.**
5. The agency would take up free health check-up of the cooking and serving staff from time to time
6. The maintenance of kitchen and equipment's would be the responsibility of the agency and the agency should ensure that proper care is taken in this regard.
7. The agency would prepare and supply diet adhering to the quality norms specified by the health institution. The agency should also prepare different types of diet as per the indent placed by the health institution keeping in mind the diet requirement of different category of patients.
8. The agency would be responsible for procurement of different items required for preparing diet and storing it properly. The health institution would not be responsible for any loss of procured items.
9. Perishable items would be supplied / procured on daily basis and for that supplier / suppliers would be identified jointly by the designated person of the health institution and the outsourced agency.
10. The Health Institution would have the right to monitor the quality of items purchased and used in the diet preparation process.
11. The agency would manage kitchen waste in a scientific manner with due consultation with the concerned hospital administration.
At any point of time i.e. during procurement of raw materials, processing, preparation of diet, serving the diet to the patients and cleaning the utensils / instruments, the dietician and / or any person from the health institution can visit and interact with concerned agency. The agency should not have any restriction to this rather the agency would facilitate such process to improve the service quality.
12. The agency would prepare and update the accounts details and maintain other related documents that are required for reimbursement of the expenses on monthly basis. In case of incomplete documents, the Hospital Administration would not reimburse the incurred cost. The documents to be prepared should be supplied by the health institution beforehand and maintained by the agency on daily basis. The financial and non-financial documents would be subject to audit.

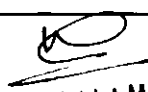
13. The behavior of the staff of the agency towards the patients / attendants should be conducive and disciplinary action would be taken by the Hospital Administration against the staffs of the said agency violating the behavioral norm in consultation with the concerned agency.
14. The agency would be responsible to make alternative arrangements in cases of situations such as staff strike, local strike [Bandh/Hartal] etc. ensuring that the patients get diet in the appropriate time.
15. The agency would be abided by different Government notification, circulars, written instructions etc. published from time to time with regard to the subject. In case of requirement, the hospital administration would provide required clarity to the agency on the related notification, circular etc.
16. For any grievance, the agency would approach to the CDM & PHO / Superintendents / MO I/Cs of the concerned health institution in person and appraise them in written about the problem. It is the responsibility of the health institution to comply with the grievance and solve it within a maximum of one-month time and decision should be communicated to the agency in the written form.
17. Any dispute arising in the process of managing the diet preparation and supply, both the party i.e. the outsourced agency and the hospital administration should discuss and take appropriate decision that is mutually agreeable.
18. The outsourced agency would provide uniform embedded with its logo to all the staff recruited by the agency. The agency would ensure that the recruited staff attend their duty with clean uniform and keeping themselves neat and clean while on duty.

3.2 Category of Diet & it's Price

As per Government Resolution No. [No. 6125-HFW-SCH-NRHM-0015/2018/H]. Dt.02.03.2019, the following category of Diet shall be provided to the indoor patients of all Government Health Institutions.

Sl.	Category of Diet	Proposed Diet Rate* per Patient(Breakfast, Lunch & Dinner) per day(In Rs.)
1	General Diet	85/-
2	Paediatrics Diet	75/-
3	Dry Diet	75/-
4	Liquid Diet	85/-
5	High protein Diet for TB/ Cancer/ Burn patients	95/-

Note :The Diet Rate per patient per day (Breakfast, Lunch & Dinner) to be paid to the outsourcing agency shall include all costs relating to food stuffs, raw vegetable, Spices, Edible Oils for cooking, fuel (LPG), Stove burners, cooking, distribution & cleaning, kitchen equipment, utensils, stainless steel diet trays for patients, food trolleys, manpower cost for cooking / distribution/ cleaning and service charges.


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3.3. Category of Diet & its Food Stuff

1. General Diet

Food Stuff	Vegetarian	Calorie	Protein	Non-Vegetarian
Cereals	375gm	1294	26.25	375 gm
Pulses	75 gm	259	16.5	75 gm
Green Leafy vegetables	100 gm	45	4	100 gm
Other Vegetables	200 gm	64	3.8	200 gm
Roots and Tubers	200 gm	146	2.6	200 gm
Fruits	100 gm	60	0.8	100 gm
Milk and milk products	500 ml	325	16	500 ml
Curd	100gm	65	32	
Egg	100gm	173	13.3	Egg (2 Nos.)
Sugar	20 gm	80		20 gm
Oil	25 ml	225		25 ml
Condiment and spices				
Calories		2563		2671
Proteins		73.15		83.25
Total Cost	Rs. 85/- per patient/day			

2. Paediatrics Diet

Food stuff	Vegetarian (in gms)	Calorie kcal	Protein gram	Non-Vegetarian (in gms)
Cereals	180	621	12.6	180
Pulses	60	207	13.2	60
Green leafy vegetables	100	45	4	25
Other vegetables	100	32	1.9	75
Roots and tubers	100	73	1.3	75
Fruits	200	120	1.6	200
Milk	500ml	325	16	250ml
Curd	100	65	3.2	0
Egg	50	87	6.65	50gms
Sugar	20	80		30
Oil	30	270		25
Condiment and spices		0		
Total Calories		1838		1860
Total Protein		53.8		57.25
Total cost	Rs.75/- per patient / day			

Dry food (Milk, Bread, Egg, Fruits):

Food stuff	Amount
Milk	1000 ml
Bread	400gm
Egg	2Nos.
Banana	2Nos.
Protein	90gms
Calories	2055 Kcal

Total cost	Rs. 75/- per patient per day
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3. Full Liquid Diet:

The full liquid diet can be provided to the patients in the pre- or post-operative stage for one or two days or based on the advice of the doctor and dietician. Only clear liquids such as milk, clear soup, fruit juice etc. should be given. This diet is to be used for a very short period of time. Full liquid diet may also be given to all patients with acute conditions including ICU patients as per the advice of the treating physician.

Food Stuffs	Amount
Milk	1000 ml
Fruit Juice	500ml
Sugar	50gms
Rice,Dal, Vegetable soup	50gms
Dal	20gms
Vegetable	100gms
Total Cost	Rs. 85/- per patient per day


5. High Protein Diet for TB/Bum/Cancer Patients:

Food Stuff	Vegetarian	Calorie	Protein	Non-Vegetarian
Cereals	375gm	1294	26.25	375 gm
Pulses	75 gm	259	16.5	75 gm
Green Leafy Vegetable	100 gm	45	4	100 gm
Other Vegetables	200 gm	64	3.8	200 gm
Roots and Tubers	200 gm	146	2.6	200 gm
Fruits	100 gm	60	0.8	100 gm
Milk and milk products	500 ml	325	16	500 ml
Curd	100gm	65	3.2	
Egg	200gm	246	26.6	Egg (4 No.)
Or Paneer / Cheese	50gm			
Sugar	20 gm	80		20 gm
Oil	25 ml	225		25 ml
Condiment and spices				
Calories		2563		2671
Proteins		73.15		83.25
Total Cost	Rs.95/-per patient / day			


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A.1 Daily Menu for General Diet of a Patient:

Day	Breakfast	Lunch	Dinner
Sunday	Idli -4pc, Sambar- 1/2 Bowl, 1 medium size, Fruit,Milk- 1glass(250ml), Idli Mix-100gm., Refined oil-5gm, Fruit-100gms	Rice 1 ½ Bowl,dal - ½Bowl, egg curry/ chole paneer curry -1/2 bowl & Mix veg curry - ½ bowl, Curd -100gms, Dal (Moong /Aharhar) - 25gms, egg-1/ paneer-20gms, chole-30gms, & Vegetables-50gms, potato-50gms, vegetable/cabbage-50gms, Mustard oil-10gms	Rice 1 ½ Bowl, Roti- 4nos Dalma- ½ bowl, chole Soya bean curry-½ bowl, Milk-1 glass250ml), Rice/atta-125gms,dal- 25gms, Vegetable-50gms, potato-50gms, chole- 25gms, Soyabean-25gms, Refined oil-10gms
Monday & Thursday	Uppama- 1 Bowl, Alumatar - ½ Bowl, 1medium size Fruit, Milk-1 glass 250ml, Suji-100gms, Alo- 20gm,matar-20gms, oil-5gms, Fruit – 100 gm	Rice 1 ½ Bowl, Dalma-1 Bowl, leaf veg/cabbage fry - ½ bowl., Curd -100gm, Rice- 175gms, dal-25gms, veg- 50 gms, potato-50gms, leafyveg/cabbagefry-50gm, Refined oil- 10gms	Rice 1 ½ Bowl, Roti- 4nos, dalma-1/2 bowl, Alu Soyabean curry- 1/2 bowl, Milk-250ml, Rice/atta- 125gms, dal-25gms, Vegetable-50gms, potato- 50gms, Soyabean-25gm, Refined Oil – 10gms
Wednesday	Simej Upma-1 Bowl,Sambar- ½bowl, 1medium size Fruit, Milk-1 glass(250ml), Simej -100gms, Potato- 20gm,matar- 20gms,oil- 5gmsFruit-100gms	Rice 1 ½ Bowl, dal - 1/2 Bowl, egg curry/ chole paneer curry ½ 2bowl& Mix veg curry - ½ bowl, Curd -100gm, Rice- 175gms, dal (Moong/Aharhar)- 25gms,egg-1/ paneer-20gms, chole-30gms & Vegetables- 50gms, potato-50gms, vegetable/cabbage-50gms, Mustard oil-10gms	Rice 1½ Bowl, Roti- 4nos, dal - ½ bowl, Mix veg curry- ½ bowl, Milk- 1 glass(250ml), Rice- 125gms/atta-125gms,dal- 25 gms, Vegetables -50gms, potato-50gms,soyabean- 25gms, mustard oil-10gms
Tuesday & Saturday	Chuda Santula - 1 Bowl, Matar curry - 1/2 Bowl,Fruit, Milk 250ml, Chuda - 100gms, matar- 20gms,oil-5gms, fruit – 100gms	Rice- 1½Bowl dal - ½Bowl, veg chole curry - 1/2Bowl, Leafy veg fry – 1/2bowl, Curd -100gm, Rice -150gms,dal- 25gms, Vegetable- 50gms, potato-50gms, Green leafy veg/ Cabbage- 50gms, chole- 25gms, mustard oil- 10gms	Rice 1 ½ Bowl, Roti- 4nos dal -½ bowl Mix veg curry- ½ bowl, egg/paneer curry Milk- 1 glass(250ml), Rice- 125gms, dal- 25gms,vegetable-50gms, potato-50gms, Egg- 1/paneer- 30gm, Milk- 250ml, Mustard oil-10gms
Friday	Idli - 4pc, Sambar- ½ Bowl, 1 medium size Fruit, Milk- 1glass(250ml), Idli Mix- 100gms, Refined oil- 5gm, milk-250ml & Fruit 100gms	Rice -1 ½ Bowl, Dalma - 1 Bowl, egg paneer curry, leaf veg/cabbage fry - ½ bowl. Curd -100gm, Rice150gms, dal-25gms, vegetable-50gms, potato- 50gms,egg-1/paneer- 30gms, leaf vegetable/cabbage- 50gms & mustard oil-10gm	Rice 1 ½ Bowl, Roti- 4nos, dal - 1/2bowl Mix veg curry-1/2 bowl, Milk- 1 glass, (250ml), Rice- 125gms/atta- 125gms, Dal- 25gms, Vegetables-50gms, potato- 50gms, Chole- 25gms,mustard oil-10gms

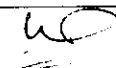

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Bowl Volume: 250ml water

Roti: 01 no, medium size = 30gm atta (raw unit), Rice: 01 bowl = 300gm cooked weight (100gm raw unit), Dal/ Pulses/ legumes: 01 bowl = 125 gm cooked weight (25 gm raw unit), Mixed vegetable: 01 bowl = 200gm cooked weight, Seasonal fruit: 01 no = 100gm, Upma and Poha: 01 bowl = 300gm.

A2. DIET MENU FOR DIABETIC PATIENTS:

Day	Breakfast	Lunch	Dinner
Sunday	Idli -4pc, Sambar- ½ Bowl, 1 medium size Fruit, Milk- 1 glass (250ml), Idli Mix- 100gms, Dal-20 gm, Refined oil-5gm, Fruit-100gms	Rice 1 Bowl, Roti- 3nos, dal - ½ Bowl, egg curry/ chole paneer curry ½ bowl & Mix veg curry - 1/2 bowl, Curd -100gm, Rice/Atta- 100gms, dal(Moong/Aharhar) - 25gms, egg-1 /paneer-20gms, chole-30gms & Vegetables- 100gms, Vegetable/cabbage- 50gms, Mustard oil-10gms	Roti- 3nos, dalma - ½ bowl chole Soyabean curry- ½ bowl, Milk- 1 glass (250ml), Atta-100gms, dal- 25gms, Vegetable-100gms, chole- 25gms, Soyabean-25gm, Refined oil-10gms
Monday & Thursday	Upama- 1 Bowl, Matarcurry - ½ Bowl, 1 medium size Fruit, Milk-1 glass 250ml, Suji-100gms, matar- 25gms, oil-5gms, Fruit-100gms	Rice 1 Bowl / Roti- 3nos, Dalma – 1Bowl, leaf veg/cabbage fry - ½ bowl., Curd -100gm, Rice/Atta- 100gms, dal-25gms, veg-100gms, leafy veg /cabbagefry-50gm, Refined oil-10gms	Roti- 3nos, Dalma- ½bowl, Soyabean curry- ½ bowl, Milk-250ml, Atta- 100gms, dal-25gms, vegetable-100gms, Soyabean-25gm, Refined oil-10gms
Wednesday	Simeip upma-1 Bowl, Sambar- 1/2 Bowl, 1 medium size Fruit, Milk-1 glass 250ml), Simeip -100gms, Dal- 20gms, oil-5gms Fruit-100gms	Rice 1 Bowl / Roti- 3nos, dal - 1/2 Bowl, egg curry/ chole paneer curry ½ bowl & Mix veg curry - 1/2 bowl, Curd -100 gm, Rice/Atta- 100gms, dal (Moong/Aharhar)- 25gms, egg-1 /paneer-20, chole- 30gms & vegetables-100gms, Vegetable/cabbage 50gms, Mustard oil-10gms	Roti- 3nos dal - ½ bowl Mix veg curry-½ bowl, Milk-1glass(250ml), Atta- 100gms, dal-25gms, vegetables-100gms, soyabean-25gms, mustard oil-10gms
Tuesday & Saturday	Chuda santula - 1 Bowl, matar curry - ½ Bowl, Fruit, Milk- 250ml, Chuda- 100gms, matar- 25gms, oil-5gms Fruit 100gms	Rice 1 Bowl / Roti- 3nos, dal - 1/2 Bowl, veg chola curry - 1/2 Bowl, Leafyveg fry - 1/2 bowl, Curd - 100gm, Rice -150gms, dal-25gms, Vegetable- 100gms, Green leafy veg/ Cabbage-50gms, chole- 25gms, mustard oil- 10gms	Roti- 3nos dal - 1/2 bowl Mix veg curry- 1/2 bowl, egg/paneer curry Milk- 1 glass – (250ml), Atta- 100gms, dal- 25gms, vegetable- 100gms, Egg-1/paneer- 30gm, Milk-250ml, Mustard oil-10gm
Friday	Idli -4pc, Sambar- ½, bowl, Fruit-1 medium size, Milk- 1 glass(250ml), Idli Mix- 100gms, Dal-20gms, Refined oil-5gm, milk- 250ml & Fruit-100gms	Rice 1 Bowl/ Roti, - 3nos, Dalma - 1 Bowl, egg/paneer, curry, leaf veg/cabbage fry - 1/2 bowl, Curd - 100gm, Rice/Atta-100gms, dal- 25gms, Vegetable-100gms, egg- 1/paneer-30gms, leafy vegetable/cabbage-50gms, mustard oil-10gm	Roti- 3nos dal - 1/2 bowl Mix veg curry- 1/2 bowl, Milk- 1 glass(250ml), Atta- 100gms, dal-25gms, Vegetables-100gms, Chola-25gms, mustard oil- 10gms



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A3. DIET MENU FOR DIARRHOEA PATIENTS

Day	Breakfast	Lunch	Dinner
Monday & Thursday	SagoKhiri/ milk barley, banana, Sago/ barley-50gms, milk-250 ml, Sugar-30gms, Fruit 100gms i.e. Banana-2nos.	Khichdi, & boiled potato, Curd -100gm, Rice-80gm, Moong dal-25gm, Potato-50gm, Oil-10gm,	Roti/ White bread, Milk, Dalma, Banana, Wheat flour:70gm/ White bread-80gms, Dal: 15gm, Potato-25gms, Vegetables: 100gms, oil-10gms, Milk-250ml. Fruit-100gms i.e. Banana-2nos.
Tuesday & Saturday	Mandia khir/ milk barley, banana, mandia 50gms/ barley-50gms, milk-250ml, Sugar-30gms, Fruit 100 gm i.e. Banana- 2nos.	Khichdi, & boiled potato, Curd -100gm, Rice-80gm, Moong dal-25gm Potato-50gm, Oil-10gm	Roti/ White bread, Milk, Dalma, Banana, Wheat flour, 70gm/ White bread-80gms, Dal: 15gms, Vegetables:100gm, oil-10gm, Milk-250ml, Fruit- 100gms i.e. banana-2nos.
Wednesday & Friday & Sunday	Chuda khir/ milk barley, banana, chuda- 50gms/ barley-50gms, milk-250ml, Sugar-30gms, Fruit - 100gms i.e. Banana- 2	Khichdi, & boiled potato, Curd -100gms, Rice-80gms, Moong dal-25gms, Potato-50gms, Oil-10gms	Roti / White bread, Milk, Dalma, Banana, Wheat flour: 70gm/ White bread-80gms, Dal: 15gms, Vegetables: 125gm, oil-10gms, Milk-250ml, Fruit 100gms i.e. Banana-2nos.

A4. DIET MENU FOR JAUNDICE PATIENTS


Day	Breakfast	Lunch	Dinner
Sunday	Semai Upama with vegetable, Seasonal fruit, Semai-100gms, Vegetable -50gms Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1, oil-5gm	Rice, dal & Mix veg curry, Curd -100gm, Rice-150gms, dal (Moong/Aharhar)-25gms, Vegetables-100gms, potato-50gms, Leafy vegetable/cabbage-50gms, Mustard oil – 10gms	Rice/Roti, Dalma, Rice/atta-100gms, dal-25gms, Vegetable-50gms, potato- 50gms, Refined oil-5gms
Monday & Thursday	Upama, alu curry & fruit, Suji-50gms and semai-50gms, potato-50gms, matar-20gms, Oil-5gms & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1)	Rice, Dalma, leaf veg/cabbage fry, Curd -100gm, Rice-150gms, dal-25gms, veg-100gms, leafy veg /cabbage fry-50gm, Refined oil-10gms	Rice/Roti, Dalma, Alu curry, Rice/atta-100gms, dal-25gms, Vegetable-50gms, potato-50gms, Refined oil- 5gms
Wednesday	Suji Upama with vegetable, Seasonal fruit, Suji-100gms, Vegetable - 50gms, Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1), oil – 5gm	Rice, dal Mix veg curry, Curd -100 gm, Rice-150gms, dal (Moong/ Aharhar)-25gms & Vegetables-100gms, potato-50gms, vegetable / cabbage-50gms, Mustard oil-10gms	Rice/roti, Dal, Mix veg curry, Rice/atta-100gms, dal-25gms, Vegetables-50gms, potato-50gms, mustard oil- 5gm
Tuesday & Saturday	Chuda santula/bun, alu curry & Fruit, Chuda-100gms/bun-100gms, potato-50gms, oil-5gms Fruit-100gms (banana-2/guava-1/Apple-	Rice, dal, veg curry, Leafy veg fry, Curd -100gm, Rice -150gms, dal-25gms, Vegetable-100gms, Green leafy veg/ Cabbage-50gms, mustard oil – 10 gm	Rice/roti, Dalma, Rice/atta-100gms, dal-25gms, Vegetable-50gms, potato-50gms, Milk-250ml, Mustard oil-5gms


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	1/Orange-1/Mango-1)		
Friday	Semai Upama with vegetable, Seasonal fruit. Semai-100gms, Vegetable -50gms Fruit-100gms i.e. banana-2/guava-1/Apple-1/Orange-1/Mango-1), oil -5gms	Rice, Dalma, leaf veg/cabbage fry, Curd -100gm, Rice 150gms, dal-25gms, Vegetable-100gms, potato-50gms, leaf vegetable/cabbage-50gms & mustard oil-10gm	Rice/roti, Dal, Mix veg curry, Rice/atta-100gms, dal-25gms, Vegetables-50gms, potato-50gms, mustard oil-5gms


A5. DIET MENU FOR LIVER CIRRHOSIS PATIENTS

Day	Breakfast	Lunch	Dinner
Sunday	Semai kheeri, Seasonal fruit, Semai-50gms, sugar-20gms, milk-250ml & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1), oil-5gm	Rice, dal & Mix veg curry, Paneer-50gm, Curd-100gms, Rice-100gms, dal (Moong/Aharhar)-50gms & vegetables -50gms, potato-50gms, Soyabean-25gm, Mustard oil-5gms	Rice/Roti, Dalma, chola Soyabean curry, Milk-250ml, Rice/atta-50gms, dal-50gms, Vegetable-50gms, potato-50gms, chola-25gms, Soyabean-25gm Refined oil-5gms, Milk-250ml
Monday & Thursday	Uppama, matar & fruit. Milk 250ml, Suji-50gms and semai-50gms, Milk 250ml, matar-20gms, Oil -5gms & Fruit-100gms i.e. banana-2/guava-1 /apple-1/Orange-1/Mango 1	Rice, Dal, Mix Veg Soyabean curry, Paneer-50gm, Curd-100gms, Rice-100gms, dal-40gms, veg-50gms, potato-50gms, Soyabean-50gm, Refined oil-5gms	Rice/Roti, dalma, Milk-250ml, Rice/atta-50gms, dal-40gms, Vegetable-50gms, potato-50gms, Refined oil-5gms, Milk-250ml
Wednesday	Suji kheeri, Seasonal fruit, Suji-100gms, sugar-20gms, milk-250ml & Fruit-100gms (banana-2/guava-1 /Apple-1/Orange-1 /Mango-1) oil-5gm	Rice, dal, & Mix veg curry, Paneer-50gm, Curd-100gms, Rice-100gms, dal (Moong/Aharhar)-50gms & vegetables -50gms, potato-50gms, soyabean-25gm, Mustard oil-5gms	Rice/Roti, dalma, chole Soyabean curry, Milk-250ml, Rice/atta-50gms, dal-50gms, Vegetable-50gms, potato-50gms, chole-25gms, Soyabean-25gm, Refined oil-5gms, Milk-250ml
Tuesday & Saturday	Chuda santula/bun, matar curry & Fruit, Milk 250ml, Chuda-50gms/bun-100gms, matar-20gms, oil-5gms Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1)	Rice, dal, Veg chola curry, Paneer-50gm, Curd-100gms, Rice-100gms, dal-40gms, Vegetable-50gms, potato-50gms, chole-25gms, mustard oil -5gms	Rice/roti, Dal, Mix veg curry, Milk, Rice/atta-50gms, dal-40gms, vegetable -50gms, potato-50gms, Soyabean-50gm, Milk-250ml, Mustard oil-5gms
Friday	Semai khir & seasonal fruit, Semai-50gms, Refined oil-5gm, sugar-20gms, milk-250ml & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1)	Rice, dal, Mix veg Chole curry, Paneer-50gm, Curd-100gms, Rice-100gms, dal (Moong/Aharhar)-50gms & Vegetables-50gms, potato-50gms, Chole-25gm, Mustard oil-5gms	Rice/roti, Dal, Mix veg Soyabean curry, Milk-250ml, Rice/atta-50gms, dal-50gms, Vegetables-50gms, potato-50gms, Soyabean-50gm, mustard oil-5gms


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A6. DIET MENU FOR CARDIAC DISEASE

Day	Breakfast	Lunch	Dinner
Monday & Thursday	Uppama, alumatar & fruit, Milk 250ml, Suji-50gms Milk 250ml, matar-20gms, oil-5gms, & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/ mango-1)	Rice/Roti, Dalma, green leafy veg & cucumber, Curd-100gms/ Egg white 1, Rice/Atta (whole wheat)-100gms, Dal-30gms, vegetable-100gms, leaf veg, /cabbage-100gms, mustard oil-5ml & cucumber-1	Roti, Dalma, Soyabean vegetable curry, One tomato/Cucumber, Atta (whole wheat)-50gms, Dal -30 gms, vegetable-Soyabean-25gm, 50gms, refined oil-5ml and veg-100gm
Tuesday & Saturday	Chuda santula / bun, matar curry & Fruit, Milk 250ml, Chuda-50gms/bun-100gms, matar-20gms, oil-5gms Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1)	Roti/Rice, Dal, cucumber, leaf veg /cabbage fry, Mix veg Chole curry, Curd-100gms/ Egg white 1, Rice, /Atta (whole wheat) -100gms, Dal-20gms, Chole-25gm, vegetable-100gms, leaf veg/cabbage-50gms, refined oil-5ml & cucumber-1	Roti, dalma, Mix vegetable curry, One tomato, Milk- 250ml, Atta (whole wheat)-50gms Dal-20 gms, vegetable-100gms, refined oil-5ml
Wednesday	suji kheer, Seasonal fruit, Suji-50gms, sugar-20gms, milk-250ml & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1), oil - 5gm	Roti/Rice, Dal, cucumber, Mix veg, Soyabean curry, Curd-100gms/ Egg white 1, Rice/Atta (whole wheat)-100gms Dal-30 gms, vegetable-50gms, Soyabean-50g m, leaf veg/cabbage-50gms, refined oil-5ml & cucumber-1	Roti, dalma, vegetable curry, One tomato, leafy veg /cabbage fry, Atta (whole wheat)-50gms, Dal-30gms, vegetable-50, leaf veg/cabbage-100gms, refined oil-5ml & veg-100gms
Friday	Semai khir & seasonal fruit, Semai-50gms, Refined oil-5gm, sugar-20gms, milk-250ml & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1)	Roti/Rice, Dal, cucumber, leaf veg/cabbage fry, Mix veg Chole curry, Curd-100gms/ Egg white 1, Rice/Atta (whole wheat)-100gms, Dal-20gms, Chole-25gm, vegetable-100gms, leaf veg/cabbage-50gms, refined oil-5ml	Roti, dalma, Mix vegetable curry, One tomato, Milk-250ml, Rice/Atta (whole wheat)-50gms Dal-20gms, vegetable-100gms, refined oil-5ml
Sunday	Semeikheer, Seasonal fruit, Semei-50gms, sugar-20gms, milk-250ml & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1), oil - 5gm	Roti/Rice, Dal, cucumber, Mix veg Soyabean curry, Curd-100gms/ Egg white 1, Rice/Atta (whole wheat)-100gms Dal-30 gms, vegetable-50gms, Soyabean-50gm, leaf veg/cabbage-50gms & refined oil-5ml & cucumber-1	Roti, dalma, vegetable curry, One tomato, leafy veg/cabbage fry, Rice /Atta (whole wheat)-50gms Dal-30gms, vegetable-50, Leaf veg /cabbage-100gms, refined oil-5ml & veg-100gms

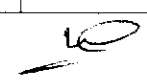

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A7. Weekly Diet Menu for Chronic Renal Failure [CRF] / Chronic Kidney Disease [CKD]

Day	Breakfast	Lunch	Dinner
Sunday	Porridge (sagoo) Raw -100gm, Milk-100gm, Sugar-30gm to taste	Rice-150gm, Dal-1 cup(15gm), Sabji (Seasonable vegetable except green Leafy Vegetable, Potato & Tomato, Egg white of one egg	Rice/Rotti, Sabji-150gm, Porridge-(kheer)-50gm-Cereals 100gm-Milk, 30gm-Sugar
Monday	Sago Raw-100gm, Milk-100gm Sugar-30gm to taste	Rice-150gm, Dal-1 cup(15gm), Sabji(Seasonable vegetable except Green Leafy Vegetable, Potato & Tomato	Rice/Rotti, Sabji-150gm, Porridge-(kheer)-50gm-Cereals, 100gm-Milk, 30gm-Sugar
Tuesday	Semia Raw-100gm, Milk-100gm, Sugar-30gm to taste	Rice-150gm, Dal-1 cup(15gm), Sabji(Seasonable vegetable except Green Leafy Vegetable, Potato & Tomato	Rice/Roti, Sabji-150gm, Porridge-(kheer) -50gm-Cereals, 100gm-Milk, 30gm-Sugar
Wednesday	Semia Raw-100gm, Milk-100gm, Sugar-30gm to taste	Rice-150gm, Dal-1 cup(15gm), sabji(Seasonable vegetable except Green Leafy Vegetable, Potato & Tomato, Egg white of one egg	Rice/Roti, Sabji-150gm, Porridge-(kheer)-50gm-Cereals, 100gm-Milk, 30gm-Sugar
Thursday	Chuda Raw-100gm, Milk-100gm, Sugar-30gm to taste	Rice-150gm, Dal-1 cup(15gm), Sabji (Seasonable vegetable except Green Leaf Vegetable, Potato & Tomato	Rice/Roti, Sabji-150gm, Porridge-(kheer)-50gm-Cereals, 100gm-Milk, 30gm- sugar
Friday	Chuda Raw-100gm, Milk-100gm, Sugar-30gm to taste	Rice-150gm, Dal-1 cup(15gm), Sabji (Seasonable vegetable except Green Leafy Vegetable, Potato & Tomato, Egg white of one egg	Rice/Roti, Sabji-150gm, Porridge-(kheer)-50gm-Cereals, 100gm-Milk, 30gm-Sugar
Saturday	Rice Raw-100gm, Milk -100gm, Sugar-30gm to taste	Rice-150gm, Dal-1 cup(15gm), Sabji (Seasonable vegetable except Green Leafy Vegetable, Potato & Tomato	Rice/Roti, Sabji-150gm, Porridge-(kheer)-50gm-Cereals, 100gm-Milk, 30gm-Sugar

B) Daily Menu of Diet for Children:

Day	Breakfast	Lunch	Dinner
Sunday	Semai Khir, Fruit Semai -50gms, sugar-20gms, milk-250ml & Fruit 100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1), oil - 5gm	Rice, Dalma & egg curry / Chole paneer curry, leafy veg/cabbage fry, Curd -100gm, Rice-80gms, dal-30gms, vegetable -50gms, potato-25gms, egg-1, paneer-20 gm., chola-30gms & leaf vegetable/cabbage-25gms, Mustard oil-12gms	Rice/Roti, Dalma, Rice/atta-50gms, Dal-30gms, Vegetable-25gms, potato-50gms, Refined oil-8gms
Monday & Thursday	Uppama, Alu matar, Fruit, Milk, Suji-25gms and semai-25gms, matar-20gms, & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1), oil-	Rice, Dalma, Alu soyabean curry & leaf veg/cabbage fry, Curd -100gm, Rice-80gms, Dal-30gms, veg-50gms, potato-50gms, Soyabean-25gm, leafveg/cabbage-100gms,	Rice/Roti, Dal, Mix veg curry, Milk, Rice-50gms/atta-50gms, dal-30gms, Vegetable-50gms, potato-50gms, mustard oil-8gms, Milk-250ml


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	5gm, Milk-250ml	Refined oil-12gms	
Wednesday	Suji Khiri, Fruit, Suji-50gms, sugar-20gms, milk-250ml & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/Mango-1), oil – 5gm	Rice, Dalma & egg curry/Cholepaneer curry, leafy veg/cabbage fry, Curd -100gm, Rice-80gms, dal-30gms, vegetable -50gms, potato-50gms, egg-1, paneer-20 gms, chole-30gms, & leaf vegetable/cabbage-100gms, Mustard oil-12gms	Rice/Roti, Dal, Mix veg curry, Rice-50gms/atta-50gms, Dal-30gms, Vegetable-50gms, potato-50gms, mustard oil-10gms
Tuesday & Saturday	Chuda Santula / bun, Matar curry & Fruit, Milk, Chuda-50gms /bun-50gms, matar-20gms & Fruit-100gms (banana-2/guava-1/Apple-1/Orange-1/mango-1), oil-5gm, Milk – 250 ml	Rice, Dalma, Alu soyabean curry & leaf veg/cabbage fry, Rice-100gms, dal-30gms, veg-50gms, potato-50gms, Soyabean-25gm, leafveg /cabbage-100gms, Refinedoil-12gms	Rice/Roti, Dal, Mix veg curry, Milk, Rice-50gms/atta-50gms, dal-30gms, Vegetable-50gms, potato-50gms, mustard oil-8gms, Milk-250ml
Friday	Semai Khir & fruit, Semai-50gms, sugar-20 gms, milk-250ml & banana-2/guava-1	Rice, Dalma & egg curry, CholePaneer curry, leafy veg / cabbage fry, Curd -100gm, Rice-80gms, dal-30gms, vegetable-50gms, potato-50gms, egg-1, paneer-20gm, chole-30gms & leaf vegetable/cabbage-25gms, Mustard oil-12gms	Rice/Roti, Dalma, Rice/atta-50gms, Dal-30gms, Vegetable-50gms, potato-50gms, Refined oil-8gms

C) Dry food (Milk, Bread, Egg, Fruits):

Food stuff	Breakfast	Lunch	Dinner
Milk	500ml		500ml
Bread	200gm		200gm
Banana		2nos	
Egg		2nos	

D) Full liquid diet

Clear Liquid Diet would be provided to the patients in the pre- or post-operative stage for one or two days or based on the advice of the doctor and dietician. This diet should be completely free of any solids even those found in the milk. Only clear liquids such as tea or coffee without cream or milk, clear soup etc. should be given. This diet is to be used for a very short period of time. Full liquid diet should be given for all acute conditions before diagnosis.

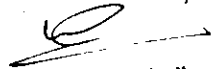
Food stuffs	Amount
Milk	1000 ml
Fruit juice	500 ml
Sugar	50gms


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Rice, Dal, Vegetable soup (rice)	50gms
Dal	20gms
Vegetable	100gms

E) DIET MENU FOR TB/BURN/CANCER PATIENTS

Day	Breakfast	Lunch	Dinner
Sunday	Idli-4pc, Sambar-½ Bowl, 1 medium size Fruit, Milk- 1glass (250ml), 2 Eggs/ 50gm paneer, Idli Mix- 100gms, Refined oil-5gm, Fruit- 100gms	Rice 1½ Bowl, Dal — ½ Bowl, egg curry/ chole paneer curry ½bowl & Mix veg curry - ½ bowl, Curd -100gm, Rice-175 gm, dal(Moong/Aharhar)- 25 gm, egg-1/ paneer-20gm, chole-30gms, & Vegetables- 50gms, potato-50gms, Vegetable / cabbage-50gms, Mustard oil-10gms	Rice-1½bowl, Roti-4nos, dalma-½ bowl, chole Soyabean curry- ½ bowl, Milk-1 glass (250ml),Rice/atta-125gms, dal-25gms, Vegetable-50gms, potato-50gms,chole-25gms, soyabean 25gm, Refined oil- 10gms
Monday & Thursday	Uppama- 1 Bowl, Alumatar½Bowl, 1 medium sizeFruit, Milk- 1glass(250ml), 2Eggs/ 50gm paneer, Suji- 100gms, Alo-20gm, matar 20gms, oil-5gms Fruit-100gms	Rice 1 ½Bowl, Dalma 1 Bowl, leaf veg/cabbage fry ½ bowl,Curd-100gm, Rice- 175gms, dal- 25gms, veg50gms, potato 50gms, leafy veg / cabbagefry- 50gm, Refinedoil- 10gms	Rice-1 ½ Bowl, Roti- 4nos, Dalma— ½ bowl, Alu Soyabean curry-½ bowl, Milk- 250ml, Rice/atta 125gms, dal- 25gms, Vegetable- 50gms, potato-50gm, Soya bean- 25gm, Refined oil-10gm
Wednesday	Simeip upma-1 Bowl, Sambar- ½ Bowl, 1 mediumsizeFruit, Milk- 1glass(250ml), 2Eggs/ 50gm paneer, Simeip-100 gms, Alo-20gm, matar- 20gms, oil-5gms, Fruit- 100gms	Rice1½Bowl, dal ½Bowl, eggcurry/cholepaneercurry ½bowl & Mix veg curry - ½bowl, Curd-100gm, Rice- 175gms, dal (Moong/Aharhar)- 25gms, egg-1/ paneer 20, chole-30gms & Vegetables- 50gms, potato-50gms, vegetable/cabbage 50gms, Mustard oil-10gms	Rice 1 ½Bowl, Roti- 4nos, dal ½ bowl Mix veg curry ½bowl, Milk- 1glass(250ml), Rice-125gms/atta-125gms, dal-25gms, Vegetables-50 gms, potato-50gms, soyabean -25gms, mustard oil-10gms
Tuesday & Saturday	Chudasantula-1 Bowl, matar curry - ½ Bowl, Fruit, Milk 250ml, 2Eggs /50gmpaneer, Chuda- 100gms, matar- 20gms, oil-5gms Fruit 100gms	Rice- 1½ Bowl dal -½ Bowl, Veg chole curry ½ Bowl, Leafy veg fry - ½ Bowl, Curd-100gm, Rice -150gm, dal 25gm, Vegetable- 50gms, potato-50gms, Green leafy veg/ Cabbage 50gms, chole-25gms, mustard oil-10gms	Rice 1 ½ Bowl, Roti- 4nos dal ½bowl Mix veg curry½ bowl, egg/paneer curry, Milk- 1 glass, (250ml), Rice-125 gm, dal-25gms, vegetable - 50gms, potato 50gms, Egg- 1/paneer-30gm, Milk -250ml, Mustard oil-10gms
Friday	Idli -4pc, Sambar-½bowl, 1 medium size fruit, milk-	Rice 1 ½Bowl, Dalma - ½ bowl, egg/paneer curry, leaf	Rice 1 ½ Bowl, Roti- 4nos, dal -½ bowl, Mix veg


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1glass (250) ml, 2 eggs/
50gm paneer, Idli Mix-
100gms, refined oil-5gm,
milk-250ml & fruit-100gms

veg /cabbage fry -½bowl.,
Curd-100gm,Rice-
150gms,dal 25gms,
Vegetable-50gms, potato-
50gms, egg-1/paneer-
30gms, leaf vegetable/
cabbage 50gms,&mustard
oil- 10gm

curry- ½ bowl, Milk- 1
glass (250ml), Rice-125
gms/atta-125gms, dal-25
gms, Vegetables-50gms,
potato — 50gms, Chole-
25gms, mustard oil-
10gms

01 -Bowl - volume 250ml water, Roti:01no, medium size = 30gm atta (raw unit), Rice: 01 bowl=300gm cooked weight (100gm raw unit), Dal/ Pulses/ legumes: 01 bowl = 125 gm cooked weight (25 gm raw unit). Mixed vegetable: 01 bowl = 200gm cooked weight, Seasonal fruit: 01 no =100gm, Upma and Poha: 01 bowl = 300gm,

Note:

The diet menu is suggestive and may change as per the availability of the proposed items. The concerned dietician / medical officer would be the final authority to take appropriate decision on the menu without compromising the quality.

3.5 Timing of Diet Supply


The timing of diet supply to the patients is mentioned below for adherence. In no case, there should be deviation in time, not exceeding 20 minutes for each category of diet timing. The diet preparing and distributing contractor would be advised accordingly

Breakfast : Between 7.30 am to 8.00 am
Lunch : Between 1.00 pm to 2.00 pm
Dinner : Between 8.00 pm to 9.00 pm

Note: Timing of diet and times of diet provision may vary based on the diagnosis and as per the recommendation / prescription of the dietician / doctor. The hospital manager / person designated for the management of dietary services would adhere to the timing as prescribed by the doctor / dietician. Timing for patients prescribed for "liquid diet" under therapeutic diet may vary based on the advice of the dietician / doctor.

3.6 Storage of Commodities / Raw Materials

1. Storage of commodities / raw materials would be the responsibility of the outsourced agency. However, it is to be monitored from time to time by the dietician / assistant dietician of the health institution or any other persons assigned for the purpose. The perishable and non-perishable items should be stored as per the storage specification norms.
2. Care should be taken to avoid quality degradation of the food commodities due to humidity, rodents, insects etc.


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